

# Holy Trinity Dunfermline



Registered Charity No. SCO15181

## Summer 2014 Magazine

**Holy Trinity Church, Dunfermline with  
St Margaret's, Rosyth**  
Diocese of St Andrews, Dunkeld & Dunblane

<b>Bishop</b>	The Rt Rev'd David Chillingworth 28a Balhouse Street Perth PH1 5HJ 01738 643000		
<b>Interim Rector</b>	Very Rev'd Jim Mein 'Cardhu' Bridgend Linlithgow EH49 6NH 01506 834317 jim@meins.plus.com		
<b>Honorary Priest</b>	Rev'd Ross Kennedy 12 Calaisburn Place Dunfermline KY11 4RD 01383 625887		
<b>Vestry Secretary</b>	Fay Cutherbertson	01383 726243	
<b>People's Warden</b>	Ken Spink	01383 735732	
<b>Rector's Warden</b>	Elaine Cromwell	01383 721663	
<b>Services</b>	Sunday	Eucharist	8am (first Sunday of month only)
		Sung Eucharist	11am
		Young Church	11am
	Thursday	Eucharist	10.15am

The views and opinions expressed in this magazine are those of the authors of the articles and do not necessarily reflect the official policy or position of the Vestry (Trustees of the Charity) or of the Scottish Episcopal Church.



Summer at last! And even our Scottish weather at the moment, is broadly keeping in line with what we might expect for the time of year. Isn't it amazing what a little warmth and sunshine can do to brighten one's mood?

Jim in his letter on page 2 reflects upon something I think many of us will feel at times – that tension between enjoying ourselves, relaxing and having great fun and the sorrow and suffering that goes on all around us. Sorrow and suffering felt no more so acutely at times as when it affects us personally. I don't have room on this page (or the intellect either) to get into a philosophical debate of where God is in all of that. But as the Playlist for Life article on pages 5 & 6 highlights, there is always hope. And even if it does rain on St. Swithun's day this year, it is unlikely to rain forever – the rain will eventually stop. That's the promise of the rainbow and the resurrection.

So I hope you all have a wonderful summer with fun filled days and lots of enjoyment (why not think about joining our friends at St. Margaret's on 24 August? – see page 3).

I will leave you with the words from a song I love, written by Fife's own Craig and Charlie Reid aka The Proclaimers:

My heart was broken, my heart was broken  
Sorrow, sorrow, sorrow, sorrow  
My heart was broken, my heart was broken

You saw it, You claimed it  
You touched it, You saved it

While I'm worth my room on this earth  
I will be with you  
While the Chief, puts sunshine on Leith  
I'll thank Him for His work  
And your birth and my birth.

*Elaine x*

### ***In this issue....***

- ❖ Playlist for Life
- ❖ An invitation –  
Summer  
Sunday@Six
- ❖ St. Swithun

# From the Very Rev'd Jim Mein

As most of you will know I'm just home from a visit to the United States. My wife Helen is just back from visiting Malawi where we worked back on the 60's and our children were born.

I had a great time, playing golf for a week with 31 other Episcopal Priests and then visiting my brother and his family in Dallas. Helen perhaps enjoyed her time even more, visiting many old friends and being taken into parts of the country most visitors do not see. We have lots of stories to tell each other.

But the thought I want to share is that I often find it difficult to admit to enjoying life. In Church year terms I think I find Lent easier than Eastertide. I guess part of the reason is that we see so much suffering in the world, but also in the States I was uncomfortable with all the 'conspicuous consumption' we saw (and shared in) that seemed to be over the top and beyond what should be reasonable in our world.

Of course it is right to be concerned about suffering and also to believe that a greater sharing of resources would be good for us all, but that should not stop us enjoying God's world. I believe the Church is called to show that the world God made is good, very good, and that we should celebrate all the good things. We may put on a superior smile as we think of Pollyanna always seeing the good in any situation but perhaps she had an important point. There were lots of wonderful things in both America and Malawi and I hope we will dwell on them rather than any problems.

This is God's world and I pray that for all of you, the good things in your life far outweigh the pains.

Jim Mein

# Sunday@Six

**24 August @ St. Margaret's Rosyth**

St Margaret's Rosyth warmly invite their friends from Holy Trinity to their Summer Sunday @ Six. This year it promises to be **LIVELY, EXCITING and FULL OF PAZZAZZ!!!!**

St Margaret's plans to create a **CAFE CHURCH** atmosphere. Tables will be set up in the church hall, with tea, coffee and cake to entice the discerning palette.

We plan to praise God with songs such as **ONE MILE, DOWN BY THE RIVERSIDE, WE SHALL NOT BE MOVED and AMAZING GRACE.**

Good friends from the Burntisland Ukulele Orchestra are going to help bring a little joy to the praise. We are so excited about this and can't wait to share it with you.

If this sounds like your cup of tea and you fancy a cake thrown in with spiritual praise and good music, then please let Valerie (733269) or Dorissia know so we can get an idea of numbers (we don't want to scrimp on the tea and cake!!!).

Please bring your voices and enthusiasm for a joyous praise session.

**CHILDREN OF ALL AGES WILL BE VERY WELCOME INDEED.**



Valerie Leslie



## Baking Stall

We have come to the end of another good year of baking. Many thanks to all the groups who support this stall. We gave £500 to the Rectory Fund last year and now have over £400 waiting for the next church project. Thank you so much to all the people who bake and buy.

Due to all the Monday holidays during the year, which are always on the 1<sup>st</sup> of the month, we intend to hold the baking stall on the 2<sup>nd</sup> Sunday of every month in future. We are closed July and August so the next date for baking is Sunday, 14<sup>th</sup> September when the Dorcas Group will be in charge.

See you then!

Many thanks!

Sheila Hawkins



## Many thanks to the many hands!

A big thank you to everyone who helped with the gardening work around the church on Wednesday, 2 July. The rain stayed at bay the whole time we worked, and between us, we managed to clear all the weeds and moss and re-plant the containers. We hope you've noticed the difference!

A special mention must go to Jim and Ross who despite everything they already do for us, gave up their evenings to come and help too.

Thank you all!



## **Playlist for Life – Retiring Collection 27 July**

Playlist for Life encourages families and caregivers of a person with dementia to create a playlist of uniquely meaningful music on an mp3 player like an iPod and offer it at any time of the day or night. It is effective both at home and in residential care, at an early stage of the condition and later on.

There is mounting evidence that if people with dementia are offered frequent access to the music in which their past experience and memories are embedded, it can improve their present mood, their awareness, their ability to understand and think and their sense of identity and independence. Music that is merely familiar in a general way, although pleasurable, is not likely to be so effective.

The charity is chaired by Sally Magnusson, the journalist and broadcaster. Sally founded Playlist for Life in 2013, after being impressed by the effect of personally meaningful music on her late mother's dementia and then researching the evidence for her memoir *Where Memories Go: Why dementia changes everything*.

The Playlist for Life website has several poignant videos and stories and I would encourage you visit their website and learn more:

<a href="http://www.playlistforlife.org.uk">www.playlistforlife.org.uk</a>
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Here is one the stories: THE BARRETT FAMILY

“I was lucky enough to hear Sally speak about her family's experience and Playlist for Life at the SECC. I was so inspired and it touched me personally as my father has been diagnosed with dementia.

My father is amazing. He worked as a teacher for more than 40 years and loved every minute. An immensely talented man, he helped hundreds of youngsters to fulfil their potential in music and drama, and brought joy to those who participated and those he entertained.

## Playlist for Life – Retiring Collection 27 July

Dad is now 83 and continues to live happily with my mother. His mobility is limited, at times he feels claustrophobic and his deafness isolates him from his friends and to some extent us, his family. None of this is a huge problem as he is wonderfully cared for by my mother and is generally very happy and contented. Dad loved going to the theatre but the last few times we have taken him, he has been uncomfortable and asked to leave. He cannot really hear clearly and finds it hard in social situations as he does not recognise unfamiliar faces.

Music has always been important to Dad so, after listening to Sally, I asked my family to think about tunes from different stages of his life. We then got together and spent an evening making up a playlist including wartime favourites, musical numbers, pop hits and hymns. We downloaded the playlist to Mum and Dad's iPad and presented it to him on Father's Day.

Dad loves it. He has listened to it for hours, singing along, talking about where the music is from and who is performing, connecting it to productions he remembers. His joy is infectious. Dad's connection to the music is proof that this is worthwhile – to see his personality shine again is truly fantastic."



Our retiring collection on 27 July will go to support the work of Playlist for Life. I hope we will support generously. *Elaine*

### Service of Prayers, Readings and Taizé Chants

There will be a short service in the church of lay-led prayers, readings and Taizé chants on Friday, 15 August at 7.30pm

Come and start your weekend in prayer and mediation. People of all ages welcome.



# Young Church News

Young Church marked the end of its year with a Prize Giving in church at the end of the 11am service on Sunday 22 June. The children sang a song for the congregation to the tune of 'Jesus Loves Me':

Jesus made me just like him  
Eyes and ears and nose and chin  
Hands and fingers feet and toes  
Heart that loves and hair that grows  
Yes Jesus loves me  
Yes Jesus loves me  
Yes Jesus loves me  
He made me just like Him



The children were delighted with their books and little gifts and on behalf of everyone involved with Young Church, we would like to thank the congregation for your continued support and encouragement. The children were also presented with commemorative 'Commonwealth' New Testaments to mark the Commonwealth Games being held in Glasgow this year. The New Testaments, printed by the Scottish Bible Society, contain a letter from Her Majesty the Queen and introduction explaining the modern-day Commonwealth. I was surprised to read that 60% of Commonwealth citizens are under the age of 30. The introduction also reminds us that "within its pages, the Bible encourages us to keep a big vision of what God is doing across his world." On the back cover is printed a quote by Andrew Motion, Poet Laureate (1999-2009):

"To read the Holy Bible is to feel simultaneously at home, a citizen of the world, and a traveller through eternity."

On behalf of Young Church, have a peaceful and blessed Summer.

*Elaine*

# Saint for the Summer

## St. Swithun

### 15 July

The miserable wet weather that we had to endure in the early part of the summer has persuaded me to choose St Swithun, or as his

name is sometimes spelt St Swithin, to be our saint for this issue of the magazine in the hope that he might intercede for us to have a brilliant July and August!

St Swithun was born at or near Winchester about 800AD and entered holy orders as a monk at the abbey of Saints Peter and Paul the Old Minster at Winchester. At that time, the only educated people in the land were the clergy and because of this, the kings of the various kingdoms into which England was then divided, used members of the clergy as their advisers. King Egbert of Wessex, which at that time was the chief Anglo-Saxon kingdom, became acquainted with Swithun and used him as his confessor and adviser on spiritual matters and appointed him the tutor of his son, Aethelwulf. In this privileged position, Swithun prepared charters and legal document for the king, three of which are still in existence: one signed Swithun priest to King Egbert, a second Swithun Deacon and a third Swithun, Bishop. So we know that he was a very real person.

As a Bishop legend has it that, despite his position in the Court and his friendship with the King, Swithun was a humble man who travelled his diocese on foot rather than on horseback and that, when he ate in his hall, invited the poor and needy to the feast rather than the rich. He also persuaded the King to give a tithe of the Royal lands to support the Church. As a Bishop he was also extremely industrious in promoting the building of new churches in his diocese and repairing old ones, and he was instrumental in getting a bridge built over the River Itchen in Winchester. Another legend has it that he worked one miracle when a goose woman carrying a basket of eggs was set upon by workers on the bridge who maliciously broke the eggs - Swithun restored them.

## Saint for the Summer - St. Swithun

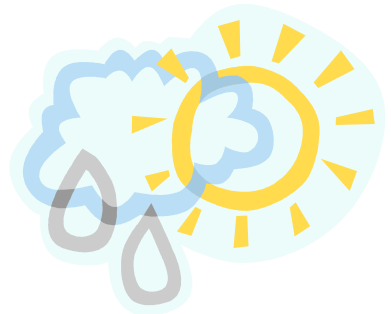
When he died on 2<sup>nd</sup> July, 862, he was buried at his request in a simple grave at the entrance to his cathedral, the Old Minster, where it would be walked over by passers-by and be subject to the rains from heaven, rather than a shrine in the church. The grave swiftly became a place of pilgrimage and after a number of miraculous cures being attributed to him, Swithun was acclaimed as a saint. In 971 the powers that be decided to remove St. Swithun's remains to a shrine within the Old Minster church.

This was not without controversy between the abbey authorities who said the Saint had appeared in a dream requesting the move to take place, and those who wanted the Saint's last wishes to be respected. In the event, on the day the remains were moved, it poured with rain which lasted for forty days. This was latched onto by those opposed to the move saying it was St Swithun expressing his anger. This allegedly has given rise to the legend that if it rains on St Swithun's day it will rain for forty days but if its fine it will stay fine for forty days as in the proverb:-

*St. Swithun's day if thou dost rain,  
For forty days it will remain  
St Swithun's day if thou be fair  
For forty days 'twill rain nae mare.*

At the same time the Old Minster church which had been renovated to contain the shrine was dedicated to St Swithun instead of Saints Peter and Paul.

When the Old Minster church was replaced by the magnificent Norman Cathedral which continued the dedication to St Swithun, the Saint's shrine was removed once again to the new Cathedral in 1093, where it remained until the reformation when it was removed at the dissolution of the monasteries by Henry VIII.



## Saint for the Summer - St. Swithun

At some time in the middle ages the Saint's body was split and relics sent to various other churches. His head was detached and taken to Canterbury Cathedral and one arm was taken to Peterborough Abbey. All that now remains at Winchester Cathedral is a replica of the shrine.

St Swithun's Day is celebrated on 15th July, the date the body was transferred to the shrine in 971. It is included in the Anglican and Roman Catholic and Orthodox Calendars. For some unknown reason the Saint is also venerated in Norway where the cathedral at Stavanger is dedicated to him and where his day is celebrated on 2<sup>nd</sup> July. So let us hope the weather is bright and sunny on 15<sup>th</sup> July.

Meteorological note.: there is a scientific reason behind the superstition. The jet stream in mid July settles into a pattern that holds steady until about the end of August. On a year when the jet stream lies north of the British Isles then high pressure will predominate over this period and conversely on a year when it lies south of the British Isles cold arctic air and wet Atlantic weather systems will apply.

St Swithun, needless to say, is the patron saint of meteorologists and prayers directed through him are said to be efficacious at times of drought.

*If on St Swithun's Day it pours  
For forty days then stay indoors*

*Statue of St  
Swithun at  
Stavanger  
Cathedral*



## Vestry Matters

My theme this year is the need to achieve £6,000 from the **Stewardship Campaign**.

I have received a pledge from 31 people which total £3,060 per annum.

If you require a **Standing Order Mandate** or a **Gift Aid Declaration Form** please speak to me or Rod Key.

The annual income shown in the budget is £56,000 and at the end of May the income was £ 38,901

The Rector's Fund is for the needy of the parish. The current total to hand is £420.

**Peter Hutchings**

### **Vestry Report from meeting on 24th June 2014**

This proved to be another busy meeting with many items generating more discussion than expected!

Vestry were informed of a generous legacy from Colin Whitlock's estate. There was a request that it should be allocated to the flower fund administered by Gill Wardell. As Gill does not administer such a fund Vestry agreed that 'The Whitlock Flower Fund' would be created. Gill would have access to this for floral decorations in church.

In his Ministry Report Jim thanked everyone who assisted in any way to keep the normal pattern of services in place at Holy Trinity. Ross was also thanked for the amount of pastoral work he undertook.

Pam Lynn and Linda Brownlie have undertaken to explore the possibilities of an Organ Recital later in the year.

*Continued on the next page...*

## Vestry Matters

In order that other arrangements can be made, i.e. Young Church participation and the Retiring Collection, and keeping in mind the date of school holidays, the date of the Harvest Festival was decided on. It will be on Sunday 5th October.

A subgroup of Vestry has completed the 'Building grants and fundraising for building projects questionnaire' and we are grateful to Peter, Jack and Ken for completing this and ensuring it is sent off to the General Synod Office in very good time.

The Vacancy was once again under discussion. As agreed at a recent meeting with +David, 9 members of Holy Trinity Vestry and three representatives of St. Margaret, a group was set up comprising of Val Leslie ( Lay Representative St. Margaret's) Elaine Cromwell (Rector's Warden Holy Trinity) and led by James Geldart (Holy Trinity), Jim and Ross will attend the meetings as appropriate. Their task is to update the material sent to would be applicants and to consider the advert that will appear in Church Times. Elaine had compiled a comprehensive report of the first meeting of this group. They will have met again before you read this report. Vestry also noted that due to another commitment +David had had to set a later date to meet with both Vestries. This meeting will now take place on 21st August.

Vestry agreed to request a work party of volunteers to tidy up the front forecourt of the church and Jack undertook to place the request in the service sheet for 29th June. It was also agreed to consider long term improvements for this area.

Ken informed us that the work to install the floodlighting had been completed. Further trials will ascertain the running costs of this and details of timing of the lighting will be available in due course.

## **Vestry Matters**

The Rectory internal painting was progressing well and Ken was asked to gain a quote for painting the remaining external areas in order that a decision could be made setting this against the cost of replacing the woodwork with UPVC.

Ken was thanked for his work in organising all these items.

Elaine had provided a report of the last few weeks of Young Church sessions. She and the Young Church leaders were thanked for their commitment throughout the year.

Fay advised that there would be a Contact Group Meeting on 16th July.

Fay had received an idea for an event that could possibly take place near to Christmas. It was agreed to pursue this further with the person concerned.

Doors Open Day will take place on September 21st and once again Holy Trinity has been invited to participate.

The date of the next Vestry Meeting will be August 4th.

*Fay Cuthbertson, Vestry Secretary*

### **Summer Retiring Collections**

27 July - Play List for Life

31 August – Scotland's Charity Air Ambulance

## DUTY ROTA FOR SUMMER

DATE	WELCOME	BREAD & WINE	COLLECTION	SERVERS	READERS	INTER.
6 July	Jack Wardell Ivor Curran	Arienne & John Lyon	Andrew & Dorothy Nicol	Rebecca Cromwell Rod Key Muriel McKenzie	Eve Gilchrist Frances Jack	Adrienne Lyon
13	Elaine Cromwell John Kennedy	TBA	TBA	Rebecca Fleming Pam Lynn Isobel Thomson	Linda Brownlie Muriel McKenzie	Elaine Cromwell
20	Linda Sherwood Pam Lynn	Hilary & Stephen Ballinger	Brenda & John Waterfield	Rebecca Cromwell Brendan Grimley Ron Hawkins	Helen Dalgity Brian Smith	Linda Sherwood
27	Ron Hawkins Adrienne Lyon	Yvonne & Malcolm Gosling	Wendy Stephen Fay Spink	Rod Key Fay Cuthbertson Linda Brownlie	Stephen Ballinger Andy Nicol	Pam Grimley
3 Aug	Helen Dalgity Malcolm Gosling	Monica Terry Grace Soanes	Catherine Duncan Doreen Esnol	Rebecca Fleming Rod Key Muriel McKenzie	TBA	Isobel Thomson
10	Fay Cuthbertson John Kennedy	TBA	TBA	Rebecca Cromwell Pam Lynn Isobel Thomson	TBA	Rebecca Cromwell
17	Jack Wardell Pam Lynn	Adrienne & John Lyon	Peter & Jean Crabb	Rod Key Brendan Grimley Ron Hawkins	TBA	Ron Hawkins
24	Elaine Cromwell Ivor Curran	Andrew & Dorothy Nicol	Arthur & Edith Slack	Rebecca Fleming Fay Cuthbertson Linda Brownlie	TBA	Dorissia Forsyth



## DUTY ROTA FOR SUMMER

DATE	WELCOME	BREAD & WINE	COLLECTION	SERVERS	READERS	INTER.
31	Linda Sherwood Malcolm Gosling	Barbara Key Sheila Hawkins	Frances Jack Eve Gilchrist	Rebecca Cromwell Rod Key Muriel McKenzie	TBA	Yvonne Gosling
7 Sept	Ron Hawkins Pam Lynn	TBA	TBA	Rod Key Pam Lynn Isobel Thomson	TBA	Linda Brownlie

Readings for July & August			
6 July	Genesis 24:34-38,42-49,58-67	Romans 6:12-23	Matthew 11:16-19, 25-30
13	Genesis 25: 19-34	Romans 8:1-11	Matthew 13:1-9, 18-23
20	Genesis 28:10-19a	Romans 8:12-25	Matthew 13: 24-30, 36-43
27	Genesis 29:15-28	Romans 8:26-39	Matthew 13:31-33, 44-52
3 Aug	Genesis 32:22-31	Romans 9:1-5	Matthew 14:13-21
10	Genesis 37:1-4, 12-28	Romans 10:5-15	Matthew 14:22-33
17	Genesis 45:1-15	Romans 11:1-2a, 29-32	Matthew 15:(10-20), 21-28
24	Exodus 1:8-2:10	Romans 12:1-8	Matthew 16:13-20
31	Exodus 3:1-15	Romans 12:9-21	Matthew 16:21-28
7 Sept	Exodus 12:1-14	Romans 13:8-14	Matthew 18:15-20

## Mission to Seafarers – Sunday 29 June 2014

A great big 'thank you' to all who contributed to our knitted collection this year. Since Fr. Gareth came last June, over the year we have contributed 84 scarves; 51 hats and 11 pairs of gloves – a tremendous effort.

We will of course continue with this project so anyone who would like to help please just ask me for the patterns. The Rev. Tim Tunley has asked me to thank you for the parcels we handed over on Sunday. I know those of us who held the parcels during Ross's dedication were very aware that among the collection were several of the late Janet Russell's 'mufflers' knitted with wool donated by the congregation of the church that her son attends in the south.

If any of you or your friends have spare balls of double knitting wool please remember us we would be very grateful.

Fay C



## Who's Who at HOLY TRINITY

Secretary	Fay Cuthbertson	726243
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Pam Lynn	881874
	Malcolm Gosling	851605
	James Geldart	734997
	Jack Wardell	722948
	Adrienne Lyon	
	Linda Sherwood	416558
PVG Co-ordinator	Andrew Morris	07743 750796
Musical Director	Roger Weatherhogg	(work) 01592 583473
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Sheona Wedge	720278
Dorcas Group	Sheila Hawkins	725955
Mothers' Union	Isobel Thomson	624322
Wives Group	Helen Dalgity	726350
	Yvonne Gosling	851605
Women's Guild	Catherine Duncan	432832
HT 50/50 Club	John Kennedy	511981
	Linda Sherwood	416558
	Doreen Esnol	621054
	James Geldart	734997
Sunday Coffee	Doreen Esnol	621054
	Fay Spink	735732
Hall Booking	Ken Spink	735732

### IMPORTANT NOTICE

Please note that during the interregnum the 8.00am  
Eucharist will be held only on the first Sunday of the month



# Next Copy Deadline 27<sup>th</sup> August 2014

(magazines in church 7<sup>th</sup> Sept)

Please send any articles or notices to Elaine, preferably by email: [ecromwell@thomsoncooper.com](mailto:ecromwell@thomsoncooper.com)

We don't charge for the magazine but donations towards the printing costs are gratefully received.

I would like to hear what you think about the magazine. What do you like/dislike? What do you want more or less of? Do you have something that you would like to contribute on a regular basis? Any other suggestions? Please do let me know.

## *giftaid it*

If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you. Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.