

Holy Trinity Dunfermline



Registered Charity No. SCO15181

March 2014 Magazine

Holy Trinity Church, Dunfermline with St Margaret's, Rosyth

Diocese of St Andrews, Dunkeld & Dunblane

Bishop	The Rt Rev'd David Chillingworth 28a Balhouse Street Perth PH1 5HJ 01738 643000		
Interim Rector	Very Rev'd Jim Mein 'Cardhu' Bridgend Linlithgow EH49 6NH 01506 834317 jim@meins.plus.com		
Honorary Priest	Rev'd Ross Kennedy 12 Calaisburn Place Dunfermline KY11 4RD 01383 625887		
Vestry Secretary	Fay Cutherbertson	01383 726243	
People's Warden	Ken Spink	01383 735732	
Rector's Warden	Elaine Cromwell	01383 721663	
Services	Sunday	Eucharist	8am (first Sunday of month only)
		Sung Eucharist	11am
		Young Church	11am
	Thursday	Eucharist	10.15am

Our Website: www.holytrinitychurch.org.uk

The views and opinions expressed in this magazine are those of the authors of the articles and do not necessarily reflect the official policy or position of the Vestry (Trustees of the Charity) or of the Scottish Episcopal Church.



Hello again. Thank you for your responses to my appeal last month, for articles and information for the magazine – it really makes my job so much easier when you give me items to include. If I ever miss an article you have given me, please do let me

know. It will only have been because I've forgotten to put it in the correct folder for adding but I would want to put it right if I could, in the next edition.

I've also been asked about large print copies of the magazine. I generally try to print two or three A4 copies of the magazine each month and leave them on the table in the vestibule. If you would like a specific copy left aside for you however, please let me know. The magazine is also published online and can be found by accessing the link on our webpage. This allows readers to use text to speech software as well as being able to magnify the print.

I am keen to listen to any further comments you have about the magazine, particularly with a view to making it more accessible. You will understand however, that there are certain constraints; such as trying to keep the length of the magazine to multiples of four pages (to make the printing, collating and folding easier). And, while I could change the font and increase the font size throughout the magazine, it would then be too thick to print in booklet form and have too much white space for online publishing. It's not always as easy as it looks to produce a few pages of print!

In this issue....

- ❖ Bishop's Lent Appeal
- ❖ Mothers' Union
- ❖ Vestry Matters
- ❖ Lent Group

The next edition will see us well into Lent and looking towards Easter. I'm looking forward to bringing you a vibrant and varied April edition, so keep your contributions coming!

Elaine x



From the Very Rev'd Jim Mein

Dear Friends,

So we begin our second Lent together. I'll become a fixture if we are not careful! Actually the two Vestries had a good meeting with the Dean last week: several avenues are being explored and I still think I'll be put out to grass before too long. In the meantime I expect to continue enjoying working with you and want to say publically that nearly all the work is really being done by yourselves – so many people active in the various parts of congregational life. You have kept things not only alive, but often developing.

So how might we mark Lent this year? I think a basic principle is that we do less in order to achieve more – cut out some of the secondary things in our lives so that we can concentrate on the really important things. For me, less television, more serious study, or less spent on food, drink and entertainment and more on supporting the desperate needs around us. For each of us it will be different but in some areas we can help and gain encouragement from each other.

Last year a group of us met weekly and talked together about how Churches work. This year I plan to go back to our roots and look at Mark's Gospel. What picture does Mark give of Jesus – and therefore of God? So often we look at the Bible in bits – our readings on Sundays, sermons on a text, or Bible study of a few verses at a time - but over 5 Wednesday evenings I plan to read the whole Gospel. I'm interested in how Mark develops the story and how he shows Jesus leading the disciples in stages to deeper truths.

I really think this could be an exciting journey for us – seeing ourselves as a group of Jesus' disciples trying to understand this man who is always surprising us, leading us to new insights and possibilities. I hope that as many as possible of you will come and add your thoughts and hopefully be drawn deeper into the wonders of the Gospel message.

Continued overleaf

From the Very Rev'd Jim Mein

In the Church hall: Wednesdays starting 12th March. 7.15pm tea/coffee for a 7.30 start and we end by 9pm. Please bring a Bible and pen/paper.

Ash Wednesday: 5th March

A Communion service
in Holy Trinity at 10am
and in St: Margaret's
Rosyth at 7.30pm

May we all grow towards Easter.

Jim Mein



On behalf of Holy Trinity, I went to the official opening and open day of Dunfermline Foodbank in Rosyth, at the Parish Church, Rosyth on Saturday 15th February. It was well attended and there were lots of volunteers there to answer questions and provide information.

I learnt that, as well as tins and packets of food, they also need donations of the following:

- Baby items e.g. nappies, baby wipes;
- Household items e.g. washing up liquid, washing powder;
- Toiletries e.g. soap, toothpaste, also
- Pet food and tin openers.

There is a basket in the porch if you would like to make donations. If you would like to help as a volunteer, please send an email to: Dunfermlinefoodbank@gmail.com or phone 07580 231286

Linda Sherwood



Bishop David's 2014 Lent Appeal

Dear Friends,

I am most grateful to those who offered suggestions as to charities which we might support with our Lent Appeal 2014. I think it is right that we support causes in Scotland this year - after the wonderful support for the Street Children in Kolkata and the school in Kampala last year.

You will be aware that all charities - particularly the small ones – are having to work ever harder to sustain their funding. So support from us will be particularly welcome

SENSE SCOTLAND - www.sensescotland.org.uk

Kate Sainsbury writes about Sense Scotland: “working across Scotland in a range of projects for children, young people and adults - crucially providing adult care to some of the most profoundly disabled adults”.

Sense Scotland was formalised as a charity in 1985. It grew quickly, from its beginnings as a small group of families pressing for services for their children, who were affected by deaf-blindness, many because of maternal rubella. Since then, the organisation has gone on to successfully support thousands of disabled people and their families, in thousands of projects and services, throughout Scotland.

ARTLINK CENTRAL - www.artlinkcentral.org

Robin Anderson of St Saviour, Bridge of Allan, writes “Artlink Central provides opportunities for people with mental health problems and learning disabilities to engage with art, music and drama. They also work with elderly people, people with dementia and children with additional support needs, providing access to the arts. In addition, a current project called Freedom to Create is taking place in HMPYOI Cornton Vale where prisoners participate in visual arts, drama and dance.

Artlink Central employs artists to lead sessions that have a measured effect on the participants. For example, research and evaluations show that work carried out by Artlink Central in HMPYOI Cornton Vale contributes to offender outcomes in three ways. Firstly, involvement in

Bishop David's 2014 Lent Appeal

the arts improves mental health problems, changes attitudes and behaviour and improves relationships with family members.

On 20 March Artlink Central will celebrate its 25th year with a reception at the Scottish Parliament and a performance by people with learning disabilities funded by BBC Performing Arts. This experience of live arts for the participants and the audience will be ground breaking in one of Scotland's iconic buildings. There will also be an exhibition of work on display promoting the success of Artlink Central over the last 25 years."

I hope that these two charities will catch the interest of our people. In a focus on adults with disability and in creative work in prisons, they are close to work with which many of you have been involved in various ways.

As usual, contributions should be forwarded to the Diocesan Office.

Thank you in advance for your support.

+David

Holy Trinity now has a stock of the Lent Cookbook jointly produced by the Scottish Episcopal Church and Christian Aid Scotland - see last month's magazine. If you would like a copy please ask in the Vestibule on Thursdays or Sundays - Jack Wardell is coordinating this. The cookbook is free, but all donations will go towards furthering the work of Christian Aid. Donations can be made in an envelope marked CA Lent Cookbook or sent directly to Christian Aid Scotland if you prefer.

The cookbook can also be downloaded at

http://www.christianaid.org.uk/Images/lent-food-resource-book_tcm15-75409.pdf

Jack



Mothers' Union's theme for this year is "Sowing the Future Together" moving us forward from last year's theme. We will all have seen in the news recently about religious tensions in Africa starting from Egypt in the north and stretching rather quickly to other countries such as South Sudan, Democratic Republic of Congo, Central Africa Republic, New Guinea, Somalia and Nigeria.

The African continent has the largest M.U. members. Being a member of a life changing organisation like the Mothers' Union one catches a glimpse of others quietly at work in the most dangerous of countries. My Aunt Emmy, who has just returned from Africa, wrote about the dedication of Mothers' Union members supporting both Christian and Muslim families to remain tolerant of each other. South Sudan is of utmost concern as families are being forced apart by faith. Christians who have married Muslims and vice versa are now too scared to remain together so one or the other moves north or south. To visit each other, they then require a visa and the children either stay with the mother or the father. Those brave M.U. members are even dodging bullets to try and keep as many families together as possible, often risking their own lives and sleeping in the bush at night.

I ask you to pray for those brave mothers who are doing a little bit of good in the most difficult of circumstances. They are passionate about 'sowing the seeds of hope', 'seeds of love', 'seeds of charity' and 'seeds of peace'.

**Lord, let the distinctive voice of Mothers' Union
Be heard throughout the nations
Brining unity and justice through our faith and actions.
Amen**

(see also poem on page 12)

Saint of the Month

Saint David

1st March

I had thought of choosing Saint Patrick, whose feast day is 17th March, for this issue but having had a basin full of Irish legend in last month's issue on St Brigit, I felt a change was in order and chose St David

instead. So Paddy will have to wait till next year.

Saint David, according to tradition was the son of Sant, the king of Menevia in South West Wales, and his wife St. Non, and was born towards the end of the fifth century. He studied under St Paulinus and was ordained a priest and then in due course Bishop of Menevia. He quickly gained fame as a pious and holy man and an eminent theologian. He was instrumental in participating in two synods, the synods of Brefi and Caerleon which countered and put an end to the Pelagian heresy that held that there was no such thing as original sin and therefore no need for baptism as a sacrament. He founded a number of monastic settlements and churches throughout Wales including the one which became St. David's Cathedral dedicated to him. From his Abbey at St. David's, missionaries spread out over the rest of Wales, South West England and Brittany, founding churches and monasteries. By popular acclaim, he was considered to be the Archbishop of the Cambrian Church and it is alleged that he made a journey to the Holy Land where he was formally instated as an archbishop by the Patriarch of Jerusalem.

He was himself an ascetic individual who lived a simple life fasting from eating meat and drinking only water. He applied the same principles in the rules he laid down for the monastic life in the abbeys that he founded. The monks abstained from meat, living on bread flavoured with salt and herbs; drank only water, were not allowed personal possessions and were required to spend any spare time in prayer or reading and copying the bible. They were not allowed to use animals in their farming and had to pull the plough by hand.

Most of what we know of St. David is contained in a biography of him written by a monk Rhygyfarch in the 11th Century. At the time of his writing Rhygyfarch was motivated by a desire to support the Church in Wales as being a separate entity from the English Church and the See of Canterbury. Some of the contents may be somewhat suspect. It is from this biography that the suggestion that St. David was instituted as an Archbishop in the Holy Land is made. He also asserts that St. David founded the Abbey at

Glastonbury. This could well be so, but another writer William of Malmesbury, writing some fifty years later, admits that St. David visited Glastonbury and built an extension to an old church on the site which according to legend, had been blessed by Christ who journeyed there in his early manhood in a ship belonging to Joseph of Arimathea. St. David is alleged to have donated a travelling altar containing a large sapphire to the Abbey and indeed, in the inventory of property seized by Henry VIII from Glastonbury at the dissolution of the monasteries, there is such an altar.

Rhygyfarch also details the most famous miracle attributed to St. David. Reputedly St. David started to give a sermon to a multitude of followers on a flat plain during the Synod of Brefi. A mound rose under his feet lifting him higher than the assembled multitude and while he was giving his sermon a white dove landed on his shoulder. In depictions of St. David he is usually shown standing on a hillock with a dove.

St David lived to a ripe old age and died on 1st March 589 having lived for more than a hundred years. At the time of his death it was said that the Abbey Church was filled with angels to escort his soul to heaven. His memorable last words were drawn from a sermon he had given the previous Sunday. “Be joyful, and keep your faith and your creed, and do the little things that you have seen me do and heard about. I will walk the path that our fathers have trod before us”. The phrase “Do ye the little things in life” (*Gwnewch y pethan bychain mewn bywyd*) has become a well known saying in Welsh.

St. David’s remains were interred in a shrine in St. David’s Cathedral which became a popular place of pilgrimage.

Unlike many of the other early Celtic/British saints, St. David was formally recognised as a saint by an edict of Pope Callixtus II in 1120, and his feast day is celebrated in the Anglican, Catholic and Orthodox churches. As well as being the Patron Saint of Wales he is also the patron of vegetarians and poets.



The Wives' Group

All are welcome to come along to any or all of these events.

Monday 24th March - 2.00pm

In the Church Hall for coffee and a chat. If you have a favourite recipe, bring along a sample with the recipe and share.

Saturday 29th March - SOUP AND SANDWICH LUNCH 12.00 till 2.00pm

In the Church Hall. Delicious homemade soup and sandwiches made to order. Tickets only £3.50 available from Helen, Pam, Doreen or Yvonne or pay at the door on the day. Come along and help raise funds for our church.

Please come along and experience the warmth and friendliness of our small group. We have lots of things planned for this year's programme which we are sure you would enjoy. No commitment necessary, just come along to any of our get-togethers that you fancy.

Yvonne Gosling, Secretary

is pleased to provide for your enjoyment.....

PANCAKE PARTY TUESDAY 4TH MARCH

7.00 - 9.00 PM

MUSIC

RAFFLE

BRING YOUR OWN BOTTLE

Adults £4.00 Donation

Children under 10 £2.00 Donation



Tickets can be obtained from Helen Dalgity,
Pam Grimley, Doreen Esnol or Yvonne Gosling

Vestry Matters

My theme this year is the need to achieve £6,000 from the **Stewardship Campaign**.

I have received a pledge from 30 people which total £3,000 per annum. If you require a **Standing Order Mandate** or a **Gift Aid Declaration Form** please speak to me.

The annual income shown in the budget is £56,000 and at the end of January the income was £ 24,571

The Rector's Fund is for the needy of the parish. The current total to hand is £390.

Peter Hutchings



Church Roof repairs

With experience of recurring leaks of rain water falling onto the choir stalls, the Vestry has sought and received an acceptable quotation to carry out repairs. The proposed repair includes a proposal to remove the existing roof vents (one either side of the roof ridge) and a skylight on the South side - visible from the Car Park. The skylight does not function as it is covered by the internal timber roof lining. The gaps created in the roof will be boarded over and tiled with slate to match the existing roof slate tiles.

As Holy Trinity is a B listed building we are required to notify various bodies and the Diocesan Building Advisory Committee of any external modification and, as part of the procedures, we are required to advise the congregation of our proposals before implementing them. This notice serves this purpose.

The photographs show the roof Vent and Skylight.

If you have any comments please contact Fay Cuthbertson, Ken Spink or Jack Wardell before 16th March.

DUTY ROTA FOR MARCH

DATE	WELCOME	BREAD & WINE	COLLECTION	SERVERS	READERS	INTER.
2 nd March	Elaine Cromwell Pam Lynn	TBA	TBA	Rod Key Fay Cuthbertson Brendan Grimley	Malcolm Gosling Yvonne Gosling	Rebecca Cromwell
9 th	Jack Wardell Ivor Curran	Frances Jack Eve Gilchrist	Monica Terry Grace Soanes	Rebecca Fleming Ron Hawkins Linda Brownlie	Fay Cuthbertson Eve Gilchrist	Karen Macdonald
16th	Linda Sherwood Malcolm Gosling	Sheila Hawkins Fay Spink	Edith & Arthur Slack	TBA	Lesley Fleming Pamela Grimley	John Macdonald
23rd	Ron Hawkins Pam Lynn	Andrew & Dorothy Nicol	Wendy Stephen Doreen EsnoI	TBA	Iain Wedge Sheona Wedge	Dorissia Forsyth
30th	Helen Dalgity Fay Cuthbertson	Peter & Barbara Hand	Yvonne & Malcolm Gosling	TBA	Linda Brownlie Frances Jack	Elaine Cromwell
6 th April	Elaine Cromwell Polly St. Aubyn	TBA	TBA	TBA	Andy Nicholl Adrienne Lyon	Linda Brownlie

Reading St. Mark's Gospel

Wednesdays: 12th, 19th, 26th March and 2nd, 9th April.

7.15pm tea/coffee for 7.30 to 9pm reading and discussion.

All very welcome.

World Day of Prayer

Friday, 7th March 2014

2.15pm St. Leonard's Church

7.15pm St. Ninian's Church

Saturday 8th March – Children's Service

Craft 2pm Service 3pm Gillespie Memorial Church

Readings for March			
2 nd March	Exodus 24:12-18	Exodus 24:12-18	Exodus 24:12-18
9 th First Sunday of Lent	Genesis 2:15-17; 3:1-7	Romans 5:12-19	Matthew 4:1-11
16 th	Genesis 12:1-4a	Romans 4:1-5, 13-17	John 3:1-17 or <i>Matthew 17:1-9</i>
23 rd	Exodus 17:1-7	Romans 5:1-11	John 4:5-42
30 th	Isaiah 7:10-14	Hebrews 10:4-10	Luke 1:26-38
6 th April	1 Samuel 16:1-13	Ephesians 5:8-14	John 9:1-41

A planned action

A few years back in this country,
Nigeria

Night gave peace to every mind
Returning home after the day's job
The moonlight and stars were
celebrated with wine
And telling of stories

We played music loudly from our
record players

As we expected no gunshots
indeed

Our doors and windows were then
Good security guarantors

But today it is a different story
It calls for divine intervention
To just sit and cry for help cannot
give us good solution
It is an emergency situation to
everyone in this nation
Let us develop an alternative
policy

And carry out a planned action

The government talks seriously
about armed robbery

Now who is to blame?

If we do nothing about it

We will continue to be in
perpetual fear

Last night neighbours broke down
in tears

It is an emergency case to
everyone in this nation

Let us develop and alternative
policy

And carry out a planned action

Of fervent prayer

By Mrs E O Ayadju

From 'Even Angels Tread Softly' –
a Mothers' Union anthology of
poetry

Who's Who at HOLY TRINITY

Secretary	Fay Cuthbertson	726243
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Pam Lynn	881874
	Malcolm Gosling	851605
	James Geldart	734997
	Jack Wardell	722948
	Adrienne Lyon	
	Linda Sherwood	416558
PVG Co-ordinator	Andrew Morris	07743 750796
Musical Director	Roger Weatherhogg	(work) 01592 583473
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Sheona Wedge	720278
Dorcas Group	Sheila Hawkins	725955
	Isobel Thomson	624322
Mothers' Union	Caroline Laurie	616244
Wives Group	Helen Dalgity	726350
	Yvonne Gosling	851605
Women's Guild	Catherine Duncan	432832
HT 50/50 Club	John Kennedy	511981
	Linda Sherwood	416558
	Doreen Esnol	621054
	James Geldart	734997
Sunday Coffee	Doreen Esnol	621054
	Fay Spink	735732
Hall Booking	Ken Spink	735732

IMPORTANT NOTICE

Please note that during the interregnum the 8.00am Eucharist will be held only on the first Sunday of the month



Next Copy Deadline 24th March 2014

(magazines in church 6th April)

Please send any articles or notices to Elaine, preferably by email: ecromwell@thomsoncooper.com

We don't charge for the magazine but donations towards the printing costs are gratefully received.

I would like to hear what you think about the magazine. What do you like/dislike? What do you want more or less of? Do you have something that you would like to contribute on a regular basis? Any other suggestions? Please do let me know.

giftaid it

If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you. Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.