

Holy Trinity Dunfermline



Registered Charity No. SCO15181

February 2014 Magazine

Holy Trinity Church, Dunfermline with St Margaret's, Rosyth

Diocese of St Andrews, Dunkeld & Dunblane

Bishop	The Rt Rev'd David Chillingworth 28a Balhouse Street Perth PH1 5HJ 01738 643000		
Interim Rector	Very Rev'd Jim Mein 'Cardhu' Bridgend Linlithgow EH49 6NH 01506 834317 jim@meins.plus.com		
Honorary Priest	Rev'd Ross Kennedy 12 Calaisburn Place Dunfermline KY11 4RD 01383 625887		
Vestry Secretary	Fay Cutherbertson	01383 726243	
People's Warden	Ken Spink	01383 735732	
Rector's Warden	Elaine Cromwell	01383 721663	
Services	Sunday	Eucharist	8am (first Sunday of month only)
		Sung Eucharist	11am
		Young Church	11am
	Thursday	Eucharist	10.15am

Our Website: www.holytrinitychurch.org.uk

The views and opinions expressed in this magazine are those of the authors of the articles and do not necessarily reflect the official policy or position of the Vestry (Trustees of the Charity) or of the Scottish Episcopal Church.



February

This February edition marks the start of the new calendar year and so Happy New Year again! Again, because I used those words to open the last edition of our magazine – at the start of our church year, Advent 2013 – I need to get more original!

2014 will be an interesting year for our congregation. A year when we will welcome a new priest to lead us forward. Our interim priest, Jim, shares some interesting thoughts about the future of stipendiary ministry on pages 2 and 3. His words are a reminder that we are all responsible for the ministry of our church. We are all called in some way to bear witness, to serve, to minister. What better time, then, than the start of a new year to reignite the fire, fan the flames and set out in mission, with enthusiasm and energy? What might you do?

Personally, I'm hoping to help, together with the rest of the Mission and Action Planning Group, to get us looking again at our congregational Mission Action Plan. My name is against a couple of the points on that plan so I'm praying for that energy, that enthusiasm to get me going! While it might seem at times, that congregations don't move on much, we are undoubtedly in a different place than where we were when we started the Mission Action Planning process back in 2010. So we might need to think about some of the plan again – but that's Ok – that is all part of the process. The main thing is that we take action, look forward, look outward but most of all, look Godward.

In this issue....

- ❖ Jim's Letter
- ❖ Food for thought this Lent
- ❖ St. Brigit
- ❖ Youth Fellowship

In terms of our magazine, I hope this year, it can be a reflection of a thriving, vibrant, diverse and enthusiastic congregation. But for that I need your input - so keep your articles coming! Send me your news, prayers, reflections, poems, book reviews, recipes, stories, anecdotes, thoughts, ideas, pictures, letters – the more the better – I'll try and fit them all in! March will mark the start of Lent, so have a think about what you want to see in the magazine reflecting that theme, and send me your thoughts. Until next time.....

Elaine x

From the Very Rev'd Jim Mein

Dear Friends,

I am writing this a few days before the closing dates for applications for the post of Rector and therefore have no idea whether there will be people wanting to come or if they would fit with Holy Trinity and St. Margaret's. This has got me thinking about the role of a Rector again and even after 50 years I'm still ambivalent!

On the one hand, my experience is that good, popular, hard-working Rectors do create stable, growing (spiritually and sometimes numerically) and interesting congregations. Other Rectors can kill a congregation in a surprisingly short time! So they are important.

On the other hand my experience is that lay involvement and responsibility is essential for a living congregation. Groups like the Quakers who have no paid leaders, are often very lively communities with the resources to do a lot of good work in the world around them.

I think the Episcopal Church is still committed to the stipendiary Rector model and I expect our two congregations to appoint one during this year, but I'm not convinced it is a model that will last much longer – and that need not be all bad news.

I believe many congregations will build up the resources from within their own membership to lead worship (including preaching and celebrating Communion) and to engage in the mutual pastoral care of one another. This will require training and commitment. Many are already engaged in Service in their daily lives, in voluntary bodies, and in their work.

I also believe we can all be engaged in mission. Research shows that 80% of new people join a congregation because a friend invites them and brings them. We just have to believe that coming to our Church is something our friends would enjoy and find helpful.

From the Very Rev'd Jim Mein

I still believe the Church needs well-trained, full-time people to offer leadership and training and hold the wider Church together but I hope our two congregations will continue to build on the work being done by so many people in each of them and never retreat into expecting a new Rector to take on all the work.

Jim Mein

Lent 2014.

Ash Wednesday is the 5th March and there will be Eucharist services at Holy Trinity at 10am and at St: Margaret's at 7.30pm

Last year a few of us met on Wednesdays for worship and discussion and I intend to repeat that this year. I will talk a bit more with the Vestries but my present plan is to study the Gospel of Mark over 5 weeks – rather than trying to dissect each verse we will see if we can grasp something of his whole pattern and purpose.

So do join us in Holy Trinity Church Hall at 7.15 for tea/coffee - 7.30pm start and end by 9pm – on Wednesdays 12th, 19th, 26th March and 2nd, 9th April.

Jim Mein

24 FEBRUARY - 9 MARCH 2014

Fairtrade Fortnight 2014 marks the launch of a unique campaign that aims to transform the banana industry to ensure those at the sharp end of the supply chain, the millions of struggling banana farmers and workers, get a fair deal.

Find out more about Fairtrade Fortnight and how you can be involved by following this link: <http://foncho.fairtrade.org.uk/>



New cookbook brings 'food for thought' this Lent

The Scottish Episcopal Church and Christian Aid have come together to launch a brand new cookbook for Lent 2014, bringing 'food for thought' from around the world to churches and families in Scotland.

Inspired by last year's Enough Food For Everyone IF campaign (see the September 2013 edition of the magazine), which focused on tackling global hunger in a world of plenty, the 'Lent Food' book is full of recipes for good food at low cost. Members of the Scottish Episcopal Church were invited to contribute their ideas for interesting meals, using at least one locally sourced ingredient or fair trade product. The cookbook also includes prayers, Bible studies and thought-provoking stories from Christian Aid's partners, and projects that the Scottish Episcopal Church supports overseas.

The intention of this joint venture is to help generate

reflection and discussion around themes of food justice, how our food is made, and what individuals and communities in Scotland can do to challenge the fact that each night 1 in 8 people in the world still go to bed hungry.

The Most Rev David Chillingworth, Bishop of St Andrews, Dunkeld & Dunblane and Primus of the Scottish Episcopal Church says "God's grace is experienced in both feeding and fasting. I hope that this book will encourage a thoughtful attitude to our food and make us mindful of the link between food and justice for the poor of the world."

The cookbook is provided free of charge, but all donations will go towards furthering the work of Christian Aid. Copies of the cookbook will shortly be sent to every Scottish Episcopal Church congregation. Further copies can be ordered from either Christian Aid Scotland (0141 221 7475) or from the General Synod Office (0131 225 6357). Postage costs will be applied.

Retiring Collection – Sunday 23rd February

In aid of Fife Employment Access Trust (FEAT)

The retiring collection on the last Sunday in February will be in aid of Fife Employment Access Trust. The charity was set up in 1994 to help people with mental health illnesses to get back into employment and to provide support for them to continue in employment.

Mental Health illnesses are more widespread than we think. They range from stress and anxiety, to clinical depression resulting in self-harming and even suicide; schizophrenia, manic depression, phobias, obsessive behavioural problems, anorexia and eating disorders. In any one year, 300 in every 1000 people, will experience a mental health problem; 230 of these will visit their GP, 24 will be referred to a Specialist Psychiatrist and six will be admitted to a psychiatric hospital.

Mental health illnesses are not always understood by the general public. Whereas most people are prepared to make allowances for a person with a physical disability there is a tendency for employers and work colleagues to class anyone who has time off sick for mental health problems as being idlers and slackers. About 70% of people with mental health illnesses said in a survey that they had been discriminated against in the work place or lost their jobs because of their illness.

Mental health illnesses have serious after effects, including lack of confidence which makes it difficult for sufferers to apply for jobs and a nightmare to attend job interviews. They are about ten times less likely to get a job than the average person.

FEAT can help by providing trained employment counsellors for sufferers and by raising awareness of the mental health issues with employers – but only if sufficient funds are available. The organisation is not funded directly by the government and can only continue with its work through grants for the Lottery Fund and a number of other agencies, and from money donated by members of the public. Could I therefore ask you to give generously to this cause?

I write as someone who recently completed a three year stint as a Member of the Board of Directors of FEAT and can personally vouch for the organisation as the providers of a first class service.

Brian Smith



Youth Fellowship Report - 2013

I apologise for the lateness of this report - having had to break my ankle in order to find time to write it at all!

Pressed out of retirement this year I could hardly say I did not know what to expect, and the fun and laughter has been every bit as any experienced over the past 13 years.

Once again members (7 this year) enjoyed a "full-on" week at the Provincial Youth Camp held at Glenalmond College in the beautiful Perthshire countryside. When I visited the camp to "run" the Murder Mystery (but really to check up on them all) they were all enthusiastically immersed in the fellowship that is uniquely "Glenalmond". Attendance during this week is partly only possible because of the generosity of the congregation and we thank you for it. It means so much to our young people.

With some sadness we said goodbye to 3 of our older members as they left after the summer to pursue further education.

The Murder Mystery suppers are not to be missed (who could forget the sight of one young man proudly sporting a pair of fairy wings as a bow tie!)

I thank Iain, Rebecca F, Rebecca C. and Conner for sticking with us as we manoeuvre around work commitments, rehearsals, BB camps, rugby and D of E expeditions.

And finally give huge thanks to Jenny Irvine (Cabbage) for her boundless energy and enthusiasm without which there would be no YF.



The YF held a sale of work on Sunday 15th December and raised over £100 for church funds. Thank you to everyone who contributed and helped and especially Gill Wardell - chief creative director and supplies procurer extraordinaire!



Saint of the Month

Saint Brigit

1st February

Our saint for this month is an early Celtic Irish saint. Knowledge of her life and the legends about her, derive from works written two to three hundred years after

her death. It would seem that she was born in about the year 450AD and died at the age of 72. Most of the biographers suggest that she was a daughter of a Christian Pict named Broca who had been baptised by Saint Patrick.

She was dedicated to a religious life by a bishop, St. Mel, at place called Mag Tulach in West Meath when she was about 18. He also commissioned her as an Abbess and in some accounts, he has been described as ordaining her as a Bishop – so the idea of women bishops is not quite as new as we may think. She caused an oratory to be built at Kildare, which under her care became a centre of piety and learning and developed into a cathedral city with its own bishop, Saint Conleth, one of her protégés, who had charge of the diocese along with herself.

She also encouraged the spread of the church and of learning. She encouraged the founding of many churches and in Kildare set up a school of art, including metalwork and illuminated script writing. She also would seem to have been a close friend and colleague of St Patrick, having been described in the Book of Armagh as being with St Patrick, one of the two pillars of the Irish people who were of one heart and one mind, and through them Christ performed many great works.

Bearing in mind that what we know of her was related by story tellers who travelled round the strongholds of Irish chieftains, and the better the story they told the more hospitality they got, it is not surprising that Brigit was ascribed as performing a whole series of improbable miracles.

On one occasion, she met a leper and tried to persuade him to let her cure him. At first he refused for he said his leprosy enabled him to make a good living from begging. She got him to change his mind, however, and blessed a mug of water with which he was washed and was made whole again.

On another journey while travelling with two girls who had been dumb from birth, Brigit was thrown from her horse and hit her head on a stone. Her blood mixed with water that she used to bathe her head and she poured the water over the neck of one of the girls who was then able to speak. She then called the other girl over to be treated but found it was unnecessary as the girl had also recovered her speech when she had bowed down to touch the stone on which Brigit had hurt her head. The stone was treasured by the local people and was said to cure people of any head ailments if they laid their head on it.

One of the best known miracles ascribed to Brigit is how she got the land for her first convent. She asked the King of Leinster for land and he refused. She then persuaded him to promise to let her have as much land as could be covered by her cloak. Four of her friends each took a corner of her cloak and walked away and the cloak grew as they walked eventually covering a number of acres. The king was amazed and realised that he was in the presence of someone blessed by God. He gave her and her nuns the land and took them under his protection, and also converted to Christianity. The nuns in appreciation took to making the king jam and this has led to a custom in some parts of Ireland of eating jam on St Brigit's Day.

While we may discount these stories about Saint Brigit, there is no doubt that she existed and that she played a major role in spreading Christianity in Ireland which is itself a wonder given that women in those early ages were not held to be of great account. She was certainly a woman who wholeheartedly devoted herself to her mission in life. She is the Patron Saint of Leinster and along with St Patrick is considered a patron of Ireland. Because she was so popular she was also adopted as a patron saint by many other people, including the Clan Douglas, nuns, poets and midwives.



The Wives' Group

is pleased to provide for your enjoyment.....

PANCAKE PARTY

TUESDAY 4TH MARCH

7.00 - 9.00 PM

MUSIC

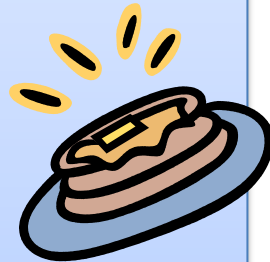
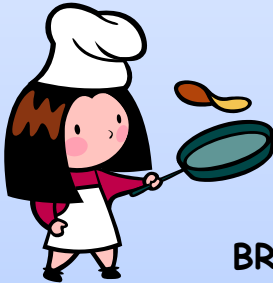
RAFFLE

BRING YOUR OWN BOTTLE

Adults £4.00 Donation

Children under 10 £2.00 Donation

Tickets can be obtained from Helen Dalgity,
Pam Grimley, Doreen Esnol or Yvonne Gosling



The Scouts of Dunfermline and West Fife thank the congregation of Holy Trinity Church for supporting the SCOUTPOST effort once again. This year the cards from the church contributed over £150 towards an increased total raised of over £7300. This money gives great opportunity for programmes to be that much more adventurous and exciting. Both the 39th and 2nd Fife Groups have been able to mount expeditions to Kandersteg in Switzerland and plans are already in place for repetition in the next two years.

Your support has shown us continued encouragement and so gratefully received and appreciated by the Scouting Movement here in Fife. Thanks.

Phil Smithard

SCOUT POST.

DUTY ROTA FOR FEBRUARY

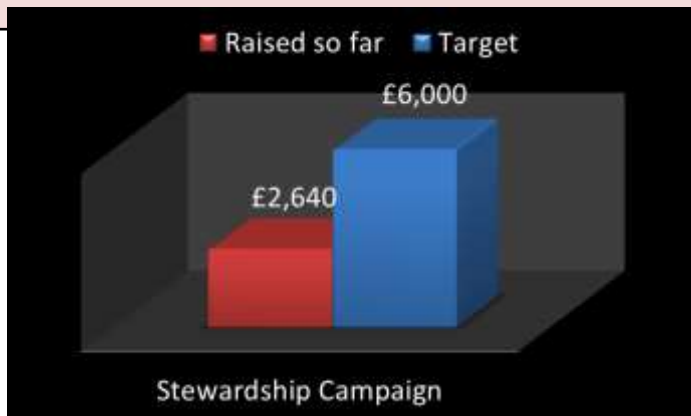
DATE	WELCOME	BREAD & WINE	COLLECTION
2 nd Feb	Jack Wardell Polly St, Aubyn	TBA	TBA
9th	Linda Sherwood Fay Cuthbertson	Peter and Jean Crabb	Catherine Duncan Doreen Esnol
16th	Ron Hawkins Adrienne Lyon	Frances Jack Monica Terry	Hilary and Stephen Ballinger
23rd	Helen Dalgity Malcolm Gosling	Hazel and James Geldart	Brenda and John Waterfield
2 nd March	Elaine Cromwell Pam Lynn	TBA	TBA

My theme this year is the need to achieve £6,000 from the Stewardship Campaign. I have received a pledge from 24 people which total £2,640 per annum. If you require a Standing Order Mandate or a Gift Aid Declaration Form please speak to me.

The annual income shown in the budget is £56,000 and at the end of December the income was £ 19,032

The Rector's Fund is for the needy of the parish. The current total to hand is £390.

Peter Hutchings, January 2014



Readings for February			
02-Feb	Malachi 3.1–5	Hebrews 2.14–end	Luke 2.22–40
09-Feb	Isaiah 58.1–9a [9b–12]	1 Corinthians 2.1–12 [13–end]	Matthew 5.13–20
16-Feb	Deuteronomy 30.15 – end	1 Corinthians 3.1–9	Matthew 5.21–37
23-Feb	Genesis 1.1—2.3	Romans 8.18–25	Matthew 6.25–end
02-Mar	Exodus 24.12–end	2 Peter 1.16–end	Matthew 17.1–9

Penitence

For the times when we have just passed by,
And pretended that we did not see
Lord, have mercy upon us.
For the times when we have said 'no, sorry',
And failed to reflect your love.
Christ, have mercy upon us.
For the times when we have made assumptions
And judged our brothers and sisters
Lord have mercy upon us.

AMEN



Seeing and loving the homeless Christ in the homeless

Homeless Saviour, teach us to see you
In the pale faces we meet huddled under blankets,
In the out-stretched hands,
In the anger, tears and pain,
That by recognising you in their faces, we might see their real loveliness,
And so, by your love, love you in them.

AMEN



Who's Who at HOLY TRINITY

Secretary	Fay Cuthbertson	726243
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Pam Lynn	881874
	Malcolm Gosling	851605
	James Geldart	734997
	Jack Wardell	722948
	Adrienne Lyon	
	Linda Sherwood	416558
PVG Co-ordinator	Andrew Morris	07743 750796
Musical Director	Roger Weatherhogg	(work) 01592 583473
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Sheona Wedge	720278
Dorcas Group	Sheila Hawkins	725955
	Isobel Thomson	624322
Mothers' Union	Caroline Laurie	616244
Wives Group	Helen Dalgity	726350
	Yvonne Gosling	851605
Women's Guild	Catherine Duncan	432832
HT 50/50 Club	John Kennedy	511981
	Linda Sherwood	416558
	Doreen Esnol	621054
	James Geldart	734997
Prayer Group	Margaret Dineley	624377
	Doreen Esnol	621054
Sunday Coffee	Doreen Esnol	621054
	Fay Spink	735732
Hall Booking	Ken Spink	735732

IMPORTANT NOTICE

Please note that during the interregnum the 8.00am
Eucharist will be held only on the first Sunday of the month



Next Copy Deadline

17th February
2014

(magazines in church 2nd March)

Please send any articles or notices to Elaine, preferably by email: ecromwell@thomsoncooper.com

We don't charge for the magazine but donations towards the printing costs are gratefully received.

I would like to hear what you think about the magazine. What do you like/dislike? What do you want more or less of? Do you have something that you would like to contribute on a regular basis? Any other suggestions? Please do let me know.

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If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you. Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.