

Holy Trinity Dunfermline



Registered Charity No. SCO15181

November 2013 Magazine

**Holy Trinity Church, Dunfermline with
St Margaret's, Rosyth**
Diocese of St Andrews, Dunkeld & Dunblane

Bishop The Rt Rev'd David Chillingworth
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**Interim
Rector** Very Rev'd Jim Mein
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 Bridgend
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12 Calaisburn Place
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Secretary 01383 726243

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Services	Sunday	Eucharist	8am (first Sunday of month only)
		Sung Eucharist	11am
		Young Church	11am
	Thursday	Eucharist	10.15am

Our Website: www.holytrinitychurch.org.uk

The views and opinions expressed in this magazine are those of the authors of the articles and do not necessarily reflect the official policy or position of the Vestry (Trustees of the Charity) or of the Scottish Episcopal Church.



Our son was born on Remembrance Day and recently he has been declaring (with a degree of glee which we worry onlookers might find disrespectful) that his birthday is marked across the nation, by two minutes silence. We have been keen to dispel this misconception and demand a more sombre and respectful

response but it's not altogether easy to explain, *meaningfully* to a soon-to-be eight year old who has grown up in a democratic society where for example, civil safety and freedom of speech are taken for granted, the significance of Remembrance Day.

When asked, 'what is the silence really about?' he'll say that it is about remembering soldiers who have died in the 'wars'.

(Thankfully) he doesn't have any true understanding of war or death. So I remind him that there are children his age in this county who have lost fathers, uncles, grandfathers in modern conflicts and that he has relatives with memories of those lost in some of the conflicts of the twentieth century. I help him see that it is right to remember with deep respect, the ultimate sacrifice these people made defending our freedom and democracy; standing against tyranny and oppression. I try to instil in him an appreciation of the freedoms we enjoy compared with the cruelty, persecution and subjugation that sadly still exists in other parts of the world today.

In this issue....

- ❖ Jim's Letter
- ❖ Carol's Wee Walk
- ❖ St. Cecilia

Then our fourteen year old daughter (who has recently been studying Wilfred Owen's 'Dulce et decorum est') chips in "but war is horrible. Wars are started by those who want power. Both sides get innocent people killed." What can I say to her? I can remind her that is why we recall the loss. And in remembering we can resolve to work for peace with all the urgency and fervour we can muster. In remembering the awful reality of war we may, one day, stop it happening again.

As Jim comments in his letter on page 2, November is a month of remembering. We look back but we will soon start to look forward again. The last Sunday of the month marks the festival of Christ the King. A day for remembering that in Christ we find a different kind of power-broker. One who empowers the weak, strengthens the feeble, enriches the impoverished, inspires the indifferent – our Prince of Peace.

Elaine x

From the Very Rev'd Jim Mein

Dear Friends,

November is the month for remembering those who have died – all saints, all souls, those who fell in wars, and nature all around us. Of course we remember our loved ones all the time but as the leaves fall and the nights close in, it seems appropriate to remember our human mortality.

Perhaps particularly those of us who are growing older recognise that we are facing losses already. We can't do things we used to do; we have had hopes which we know will not now be fulfilled; friends we will not see again; and as was said, 'growing old is not for whimps'.

But at the end of November comes Advent, preparing for a new beginning. And then Christmas when the tiny light pierces the darkness and grows through Epiphany. And then the seeds will begin to struggle through the earth in Lent and new life burst upon us as we celebrate Easter. How appropriate it seems to be interviewing in Advent and hoping for the next stage of our journey to begin in the Spring.

Of course it is not as straight-forward as this. We have deep 'downs' at any time of the year and from some of them it is very hard to see any sign of rising up again. Our faith that God really is Love, that the light is stronger than the darkness, that life really is more than death – this faith can be sorely tested in the dark times.

It may not be very 'holy' to say this but my faith is often only kept going by the signs of love I see in the people around. Your generosity, your smile and helping hand, your living life courageously and lovingly – this not only is good for your soul but for the souls of those around. We, a family, a Church, a nation, humanity, the whole creation – we get through November and see life renewed as a community, together.

With God's blessing, Jim Mein



REMEMBRANCE SUNDAY

10th November
'Lest We Forget'

10.50am
**SERVICE OF
REMEMBRANCE**
with
Holy Communion

Please note earlier Service time



My friend, you would not tell with
such high zest
To children ardent for some
desperate glory,
The old lie; Dulce et Decorum est
Pro patria mori.

*From Dulce et Decorum est by Wilfred
Owen*

“The more we sweat in peace, the less we bleed in war.”

- Vijaya Lakshmi Pandit

“You have heard that it was said, ‘Love your neighbour and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous.

Matthew 5: 43-45

“When the power of love overcomes the love of power the world will know peace”

- Jimi Hendrix

Carol's Wee Walk

Carol Smithard, Phil's daughter, has been planning for some while to raise funds for the RNLI and particularly in this year, 7th September being the 175th anniversary of when Grace Darling made her significant contribution to rescue at sea. Carol has set herself the target of raising:

£20,000

Her self-defined challenge is demanding and reflects the resolve she has for this effort. 'Carol's Wee Walk' will cover not only the traditional start and finish points of Land's End and John O'Groats, but will include Orkney and Shetland as well, a distance of around 1800 miles with all the wiggles planned. Shetland itself is over 100 miles from top to toe. She will visit 43 lifeboat stations on the way and if all this is not significant enough, will be climbing Snowdon, Scafell Pike and Ben Nevis and many of the other high points in the various hill groups she will pass through. The whole will take three to four months.

Her Wee Walk commenced on 10th August with the Shetland leg so that she could see where she is going since if this section was done at the end, it would be pitch black for most of the day and she wanted to see where she was going; important since she worked there for the whole of last year.

She started off from Land's End on 19 August and has now (25 Sept) reached the bottom of Snowdon covering a distance so far of just over 700 miles and raising a total of £6,329. At some time along this route she will be passing through Dunfermline, though when is not quite clear as flexibility is important against weather and other interruptions. Estimate is towards the end of October/early November as she is targeting 100 miles per week.

She has a Facebook site that is attracting hundreds of contacts every day and a Donation site for the Walk. She (and dad) would be more than happy to have more people following her progress and giving her remote support as well as receiving any donations that come her way for which she will be very grateful.

Facebook link: - <https://www.facebook.com/Carolsweewalk>

Donation Link (with Gift Aid option): <http://uk.virginmoneygiving.com/fundraiser-web/fundraiser/showFundraiserProfilePage.action?userUrl=carolsweewalk>

Alternative - search for virginmoneygiving, then type in Carol Smithard in the 'Your Friend' then Carol's Wee Walk



Lifeboats

The high rate of unemployment and under-employment in the United States has caused real hardship for families, including an increase in homelessness or families facing poverty. Responding to the overwhelming needs, Mothers' Union members in the USA have given their time, money, and talents to provide for the physical and spiritual needs of the homeless, the needy and the destitute in their communities.

Across a number of states, Mothers' Union USA members run soup kitchens and provide toiletries for the homeless and families in need.

At Christ House, a homeless shelter with about 60 occupants, Mothers' Union USA members serve hot meals. Another Mothers' Union group serves three-course meals to approximately 40 to 50 people every month as Community Dinners. Non perishable goods are distributed to them after the dinner.

At Sophia House, home to approximately 32 women affected by domestic violence, Mothers' Union USA members offer hot lunches as well as providing toiletries for the women, many of whom arrive at Sophia House with only the clothes on their back having left a dangerous situation in a hurry.

Mothers' Union USA are a continued source of support for the sick and elderly members of the community and over Christmas will always prepare and deliver baskets of cheer to each one.

The current economy has also imposed a negative impact on the financial provision of some families especially towards the education of their children. Some Mothers' Union groups are providing school supplies for students while others are offering scholarships.

Mothers' Union USA lead baptism classes for parents and godparents, whilst also donating Bibles to confirmation candidates. In the festive season, Mothers' Union USA provides gifts and necessary items for orphans and needy children. M.U. members = 500



"Feed your soul then feed yourself" *Hindu Proverb*



On a wet and windy evening, Friday 18th October, members of Holy Trinity M.U. branch served 54 excited souls a feast of various curry dishes from around the globe.

The evening was full of laughter, poetry and fellowship. We were joined by members of St. Margaret's, Rosyth, new church members and friends from Kinross. Some amazing raffle prizes were won including a jar of mango chutney! Well suited to the evening's theme!

The evening raised a magnificent sum of £400 which will be distributed to M.U. Overseas charities. On behalf of Holy Trinity Mothers' Union, I would like to say a big thank you to everyone for their support in making the evening a success.

One first-timer
commented on leaving:

"M.U. has gone
gourmet! I'm full!"

Blessings,
Dorissia



WIVES GROUP

All are welcome to come along to any or all of these events and partake of a nice cup of tea or coffee afterwards.

SATURDAY 9TH NOVEMBER - SOUP AND SANDWICH LUNCH -

12.00pm till 2.00pm in the Church Hall. Delicious homemade soup and sandwiches made to order. Tickets only £3.50 available from Helen, Pam, Doreen or Yvonne or pay at the door on the day. Come along and help raise funds for our church.

Monday 25th November - Linda Brownlie will tell us all about her travels and work in Africa.

Monday 9th December - CHRISTMAS PARTY - come and enjoy some delicious party food, sing some carols, hear some very funny tales, pit your wits against the Xmas Quiz and generally have a very enjoyable festive evening. All welcome !

All of these events are held in the Church Hall, start at 7.30pm (unless otherwise stated) and we are normally heading home by 9.00 pm.

Yvonne Gosling
Secretary



WANTED

Does anyone have a CD Player they no longer use?

There have been several requests recently for CD's to be played in Church. At present, a member of the Congregation provides the CD Player as and when required. To have a player connected permanently to the Church Sound System would be ideal. Ken Spink



Saint of the Month
St. Cecilia
22nd November

With Saint Andrew and also our beloved local Saint Margaret both being November saints there was no difficulty in finding a subject for this month's article. Either of these saints would have merited a rather lengthy article so I selected another saint who is important to us in Holy Trinity as a church with a musical tradition, but of

whom we are short on actual knowledge.

Saint Cecilia is the patron saint of music and musicians but whose real life is clouded in mystery because she was a martyr in the early church before written historical records were kept. To fill in any details of her life we are dependent on legends which may or may not be based on fact. The historical fact is that there were four - Saints Cecilia, Valerian, Tiburtius and Maximus - martyred at the same time. The year of their martyrdom is in doubt. It was at one time thought to be about 230AD during the reign of the Emperor Alexander Severus. Other evidence suggests that it is more likely that she was martyred in Sicily somewhere between 176 and 180 AD during the reign of Marcus Aurelius

The legend is that St Cecilia was the daughter of a noble Roman patrician and that she converted to Christianity and made a vow of chastity. Her family, however, decided that she should be betrothed to a Roman nobleman, Valerian of Trastevere. Before the wedding ceremony she told Valerian of her vow of chastity and said there was an angel watching over her who would punish him if he dared to violate her virginity but would love him if he respected it. Valerian asked to see this angel and she told him that were he to go to the third milestone on the Appian Way and allowed the Pope who would be there to baptise him he would be able to see the angel. He did so and along with Tibertius his brother, was converted.

Saint of the Month - St. Cecilia

Valerian and his brother then began a mission to bury Christians who had been martyred. Because of this they were arrested by the prefect, Turcius Almachius, and martyred themselves. Saint Cecilia collected their bodies and buried them and was herself arrested and condemned to death as a Christian. Initially she was condemned to be suffocated in a steam filled room but survived. She was then stabbed thrice in the throat and left to bleed to death, which took three days.

Her involvement with music, which was probably added to the legend after she was considered the patron of music, alleged that one of the factors that persuaded Valerian to become a Christian was the perfection and sweetness of her playing on the organ. It was also alleged that at her wedding she sang with joy and gladness knowing that Valerian would allow her to keep her oath of chastity and be a bride of Christ.

It is alleged that on her death bed she contacted the Pope asking him to make her home a church. In Trastevere there is a church dedicated to St. Cecilia built in the sixteenth century on the site of an earlier church said to have been St. Cecilia's home.

The first reference known to have been made to St. Cecilia as the patron saint of music was a music festival in her honour at Evreux in Normandy in 1570. In 1585 Pope Sixtus V gave formal approval to the foundation of the National Academy of St. Cecilia, one of the earliest musical institutions in the world.

Because of her patronage of music her feast day became an occasion for musical concerts and festivals. A lot of music has been dedicated in her honour ranging from Purcell (Ode to St. Cecilia), Handel (Ode for St. Cecilia's Day), Gounod (Solemn Mass for St. Cecilia) to Benjamin Britten who was born on her feast day. There are also many references to her in contemporary music. Simon (of Simon and Garfunkel) for example refers to St. Cecilia in his songs *The Coast* and *Cecilia*. She is also remembered in well-known poems by Dryden and Pope.



Christ's is the world in which we move.
Christ's are the folk we're summoned to love,
Christ's is the voice which calls us to care,
and Christ is the One who meets us here.

*To the lost Christ shows his face;
to the unloved He gives His embrace;
to those who cry in pain or disgrace,
Christ makes, with His friends, a touching place.*

From a Touching Place by John Bell



Jim writes:

*"my faith is often
only kept going
by the signs of
love I see in the
people around.
Your generosity,
your smile and
helping hand,
your living life
courageously and
lovingly – this
not only is good
for your soul but
for the souls of
those around."*

I would like to thank you all for your prayers and the support you have given me during the last few weeks. For the lovely cards and to those who managed to visit Dusty when I was in hospital. This was very much appreciated too.

Once again, many thanks, Winnie Miller x



*Our prayers
and thoughts
remain with
you Winnie*

The next edition of the magazine will be a double edition covering December and January 2014. Contributions have slowed down significantly recently and I would really appreciate your help. Perhaps you have an amusing church anecdote or a thought provoking reflection you can share with us. Or have you heard an inspiring speaker recently or read an interesting book? Don't worry if you don't have a computer, hand written articles are fine too! I look forward to receiving your contributions! *Elaine*

Treasurer's Report by Peter Hutchings

The financial position at the end of September 2013



Income to September	£	My theme this year, started at the AGM,
Freewill Giving	2,665	is to remind you of the cost of employing
Open Plate Giving	3,647	a Rector. The congregation should
Gift Aid Giving	23,266	collectively be willing to at least ensure
Tax Recovered	6,921	that this cost is met through the giving to
Donations	2,545	Holy Trinity via Gift Aid, Freewill and
12 months income =	£39,044	Open Plate and Donations.

The annual cost of a Rector is £46,000

The Tax Recovered has now been reduced to 20%, a reduction of 3%. Please take this into account when considering your giving.

The Rector's Fund for the needy of the parish stands at £329.

Duty Rota for November

DATE	WELCOME	BREAD & WINE	COLLECTION
3 rd Nov	Fay Cuthbertson Pam Lynn	Yvonne & Malcolm Gosling	Andrew & Dorothy Nicol
10 th	Ron Hawkins Jack Wardell	Remembrance Sunday – TBA	TBA
17 th	Linda Sherwood James Geldart	Doreen EsnoI Fay Spink	Arthur & Edith Slack
24 th	Helen Dalgity Ivor Curran	Francis Jack Eve Gilchrist	Monica Terry Ivy Stewart
1 st Dec	Jack Wardell Fay Cuthbertson	Peter & Jean Crabb	Brenda & John Waterfield

Annual General Meeting

24th November – 12.30pm after the 11am service

Readings for November

3 rd Nov	Isaiah 1: 10-18	2 Thessalonians 1	Luke 19: 1-10
10 th Nov	Job 19: 23-27a	2 Thessalonians 2: 1-5, 13-end	Luke 20: 27-38
17 th Nov	Malachi 4: 1-2a	2 Thessalonians 3.6-13	Luke 21: 1-19
24 th Nov	Jeremiah 23: 1-6	Colossians 1: 11-20	Luke 23: 33-43

Christ is our King, the monarch of all things,
is that humble, compassionate person who—

never went to university
never wrote a book,
never held any public office,
never had friends in high places,
never travelled out of his tiny country,
never met anyone more important than a provincial governor.



His only crown- a wreath of thorns.
His only throne- two crossed planks of wood.
At his right hand, and at his left, two dying thieves.

Come, let us celebrate a remarkable thing;
Jesus of Nazareth is our incomparable King!

The soldiers made fun of Jesus and brought him some wine. They said, "If you are the king of the Jews, save yourself!"

Above him was a sign that said, "This is the King of the Jews."

Luke 23: 36-38

Who's Who at HOLY TRINITY

Secretary	Fay Cuthbertson	726243
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Pam Lynn	881874
	Malcolm Gosling	851605
	James Geldart	734997
	Elaine Cromwell	721663
	Jack Wardell	722948
People's Warden	Ken Spink	735732
PVG Co-ordinator	Andrew Morris	07743 750796
Musical Director	Roger Weatherhogg	(work) 01592 583473
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Sheona Wedge	720278
Dorcas Group	Sheila Hawkins	725955
	Isobel Thomson	624322
Mothers' Union	Caroline Laurie	616244
Wives Group	Helen Dalgity	726350
	Yvonne Gosling	851605
Women's Guild	Catherine Duncan	432832
HT 50/50 Club	John Kennedy	511981
	Linda Sherwood	416558
	Doreen Esnol	621054
	James Geldart	734997
Prayer Group	Margaret Dineley	624377
	Doreen Esnol	621054
Sunday Coffee	Doreen Esnol	621054
	Fay Spink	735732
Hall Booking	Ken Spink	735732

IMPORTANT NOTICE

Please note that during the interregnum the 8.00am
Eucharist will be held only on the first Sunday of the month



Next Copy Deadline

20th November 2013

(magazines in church 1st December)

Please send any articles or notices to Elaine, preferably by email: ecromwell@thomsoncooper.com

We don't charge for the magazine but donations towards the printing costs are gratefully received.

I would like to hear what you think about the magazine. What do you like/dislike? What do you want more or less of? Do you have something that you would like to contribute on a regular basis? Any other suggestions? Please do let me know.

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If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you. Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.