

Holy Trinity Dunfermline



Registered Charity No. SCO15181

Summer 2012 Magazine

Holy Trinity Church, Dunfermline with St Margaret's, Rosyth

Diocese of St Andrews, Dunkeld & Dunblane

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Wardens Rector's Warden Helen Welsh
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Services	Sunday	Eucharist	8am & 11am
		Young Church	11am
	Thursday	Eucharist	10.15am

Our Website:

www.holytrinitychurch.org.uk



So here we are already – mid-way through the year and our double edition, summer magazine. Only, it's hard to believe it is summer. At the time of writing, the schools

have just broken up for the holidays yet the UK is experiencing flash floods and hail the size of golf balls. Holiday makers across the county have been stranded as planes are grounded by fog and the rail network is affected by flood and fire. So disappointing, given we spend so much of the year looking forward to the short time in the summer when we can put on different clothes and get away from it all for a bit.

My dictionary says - Hol-i-day: *noun*- A day of festivity or recreation when no work is done. In terms of our day-to-day lives that is likely the case. But as I read the contributions for this edition, I was reminded by Fr Ross's reference to St. Paul's letter to the Philippians and the Olympic article on page 11, of the need to press on to the goal. God's work is on-going in the world. And at times, there seems to be such a lot of it to do! But I am encouraged by the Young Church prayer on page 8 based on Mark 4:26-34 which reminds us that even small

actions can make a difference and by Matthew 11:28-30 which guides us to take rest in the Lord. So, as I take my annual leave this year I will put on different clothes and live a different life for a bit, and I will take comfort from the fact that I can rest in the Lord and even my very small actions of love and care will contribute to His Kingdom. Happy Holidays everyone, *Elaine x*

In this issue....

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Fr. Ross writes....

LETTING GO AND LETTING GOD

‘Sebastian Flight was in love with his childhood, his teddy bear and his nanny and he was nineteen years old.’ Evelyn Waugh in *Brideshead Revisited*.

Letting go and Letting God...we hear it all the time, but few of us really live our lives this way, do we? Perhaps the reason is we tend to have our own ‘spiritual teddy bears’ which we will not let go of. Thus when it comes to our opinions about church or God or theology or perhaps even our prejudices, we are not keen to let them go.

There is nothing unusual in this. With Peter it was his firm belief that the Christian Gentiles should be subject to the laws of the Jewish religion. He refused to let go of that strong opinion until God caused him to have a terrifying nightmare. (See Acts 11) Peter eventually had to admit he was wrong and had to let go of his narrow belief. ‘How could I stand in God’s way?’ he asked. (Acts 11:17, New English Bible.) The result of his letting go was a marvellous dramatic growth in the Church.

There is an apocryphal story about a lady - a devout Christian - who felt there was some obstacle standing in the way of the spiritual and numerical growth of her church. And so she prayed, “Lord please remove this obstacle from our church so that we may grow.” Three days later the woman disappeared and was never again seen in that parish! Only a story, I know, but is there a possibility that we either collectively or individually are like Peter or the lady standing in the way of what God wants for our Church?

The recent sad events have left many in our church fellowship feeling ill at ease, confused, hurt and sad. Some feel very badly let down while others are angry with perhaps the wish to apportion blame for what has happened. These conflicting reactions are perfectly normal and understandable for inevitably we tend to see things mainly from our own perspective.

Fr. Ross writes....

But there is a danger when we experience hurt or let down for whatever reason, that we nurture these feelings like Tam O'Shanter's wife 'Nursing her wrath and keeping it warm.' And so we keep turning these negative feelings over and over in our minds. We are not keen to let them go - we hold on to them and therein lies the danger. For doing so does not bring us any sense of relief or satisfaction or happiness; just the reverse. Indeed harbouring them might even cause deepening feelings of resentment and enmity towards others. More importantly they can become obstacles to the healing of our Christian Community. A few weeks ago Helen, Rector's Warden, led very moving intercessions for healing in our church. But God can only bring us healing if we are prepared to remove any obstacles that stand in the way of it.

We cannot change what has happened but we have the God-given power to change the way we are dealing with it. One way is to avoid listening to or spreading rumours and suspicions; things which can only do further harm. So let God take our fears and our hurts and let us all pray for grace, a spirit of forgiveness and for unity. Perhaps like St Paul we should: Forget what is behind and press on towards the goal to win the prize in Christ Jesus. Let us live up to what we have already attained. Phillipians 3:14, 16.

So let go and let God!

God bless you all
Ross





Casting the Net Gatherings 2012

Come and gather with others from across the diocese to share in the experience of Casting the Net.

Take part in workshops, deepen bonds of fellowship and hear from others what Mission Action Planning has done for their church.

**The Casting the Net Gatherings will focus on Mark of Mission 7:
*Sharing our faith by confident and sensitive evangelism.***

**Workshops will include: Caring for Others; Caring for the Earth;
Net-Casting for Beginners; Reaching out through Prayer;
Welcoming through Music.**

CHILDREN AND FAMILIES VERY WELCOME

There will be a special programme of workshops for children.

This year there are two opportunities to attend a Gathering:

22nd September

6th October

All Saints, St Andrews

Holy Trinity, Stirling

10am—4pm

10am—4pm

Spaces will be limited, so please book your place.

For more information or a booking form, please contact the Casting the Net Coordinator, Caroline King:

castingthenet@standrews.anglican.org

01738 443173



Young Church News

Recently the children have been learning about what we need to share the love God offers and how we can look at the resurrection in the world we live in today. We also looked at what it might mean to be an apprentice for Jesus by doing the will of God, remembering that small actions can lead to big things and trusting in Jesus when things appear to be going wrong.

Our annual prize giving took place on Sea Sunday. It is a small way of saying thank you to the children and families for being a part of Holy Trinity Church. As someone once said, "Young people are not the future of the church they are the present" and for our Church to grow, they need to be treated as such and included.

Rebecca and Iain received Bibles to mark their moving on to High School in August. It seems only yesterday they were crawling about the altar dressed as stars in the Nativity. Where has the time gone? The children always enjoy receiving their books and it was particularly endearing to hear three year old William ask his Mummy if the book was really his and could he take it home. When told that he could, he held the book close to his chest and whispered "Oh, Thank you".

The congregation were happy to join with the children to sing "He's got the whole world in his hands" accompanied by various percussion instruments. They did really well and several members of the congregation mentioned how much they had enjoyed it. We must get Lesley to put her musical talents to more use in the future.

Afterwards the children enjoyed having a picnic lunch together followed by games in the garden and hall. It was a pity the weather couldn't decide what to do but a good time was had by all regardless.

Sheona , June 2012



Young Church has finished for the Summer but will offer a crèche facility most Sundays during the holidays. If you can help with this please contact any of the young Church leaders. We will restart on Sunday 19th August though there will be no Young church on 26th August.

Thank you to all those who have brought their children and grandchildren to Young Church and those who have taken their turn on the rota. Enjoy the Summer, whatever the weather!

A Youthful Prayer (from Roots)

We are just young, Lord
No one listens to us
We can't change the world.
It's too big for us to sort.
"Ah" you say, "but look!
This tiny seed grows to be bigger and
stronger than anything else.
So big the birds find rest.
Now, what seeds are you going to plant my child?"
And we wonder Lord.
We offer you our youth, our enthusiasm, our energy.
Use it to make people listen, to change the world.
Amen



Many of you will remember Andy Young who moved to St. Andrews last summer. Andy is the manager of the Ladyhead Christian Bookshop there, and has kindly sent us a couple of book reviews. If you are out and about in St. Andrews over the summer, do pop in and say hello to Andy.

Edwina Gateley – *In God's Womb*
(Orbis Books 2009) £12.99

At the turn of the year, *Times* journalist Jonathan Romain wrote: *Jokes reflect realities that listeners recognise and often have a serious point behind them.* (7 Jan 2012). Well, stop me if you've heard this one. God notices a shabbily-dressed person sitting, hunched over, on the steps of a large church. The person is weeping. God approaches and says: *Why are you so distraught?* The person turns to the church and points, saying: *They won't let me in there.* God smiles and says: *You think you've got problems – they won't let me in there either.*

Edwina Gateley would understand. Subtitled *A Spiritual Memoir*, her latest book is a mixture of lyrical prayers and brief reminiscences of a life lived entirely in response to the promptings of God. An English-born Roman Catholic, she is moved by her three-year sojourn as a volunteer in Africa to found the Volunteer Missionary Movement before being called to a Catholic theological college in the United States, a country from which she was never to return.

Upon completing her theological studies, she spent much of her time wandering the streets of Chicago, befriending street people including the homeless and prostitutes. With great courage and compassion, she then founded Genesis House to give shelter and emotional and spiritual support to female prostitutes in the inner city. Through this work, she came to understand that the male-dominated Church hierarchy was failing to utilise the very real gifts and calling of the laity, even in the face of the Vatican II reforms of the mid-Sixties. She was to pay a heavy price for staunchly staying within her own calling.

On the back of this book, the religious sister Helen Prejean – upon whom the character played by Susan Sarandon in the film *Dead Man Walking* was based – has this to say about Edwina Gateley: *Look, this lady takes Jesus seriously. She hangs out with prostitutes and criminals. Be warned. She's a prophet and mystic who can get you into real trouble.*

From Lancaster to Chicago via Algeria, Edwina Gateley followed the promptings of God through loneliness and fear and abandonment – but never without joy and deep intimacy. If there is a theme that runs through this book, it is that Love calls each one of us to respond, but we had better be ready for opposition from certain quarters. Even so, sticking to the task brings its own joyous rewards, not least of which are the friends whom Love brings into your life, returning in full measure what has been given out – just as Jesus promised.

Antoinette Bosco – *Radical Forgiveness*

(Orbis Books 2009) £10.99

Radical Forgiveness is a cathartic journey undertaken by a remarkable woman. Antoinette Bosco took the command to forgive so seriously that she was prepared to venture wherever she found herself being led in her search for answers to questions about Jesus, about who he was and how he saw himself.

In fact, it would probably more accurate to say that the author embarks upon two journeys at the same time, journeys which were galvanised by two family tragedies which hang like shadows over the whole enterprise. The suicide of a beloved son forced her to confront the tension between feelings of anger with his decision to take his own life and her desperate need to forgive him and move on. In the midst of this grief, the senseless murder of another son and his wife propelled her into a deeper search for meaning amidst evil and the immense suffering it causes. Antoinette Bosco experienced a pain few of us could ever imagine and it is her refusal to capitulate to the natural inclination towards revenge which makes this book so unique. The grief she encountered was so raw that she came to understand that the command to forgive was a necessary condition for the salvation of her sanity and her life.

The authentic seeker discovers that God is behind every heart-led search and that He will reward those who are willing to follow His promptings. From the very beginning of her own search, Ms Bosco is quick to acknowledge that God is source of the encounters she has with people who tread similar paths and who gift her with understanding at the very times she most needed it. Her questions about evil are honest and she refuses to embrace easy answers; but it is here that she unearths the truth that God is never closer to us than when we are suffering.

The search is neither straightforward nor plain sailing. Acknowledging the ever-present danger of falling into what she calls *the anger trap*, she argues forcefully that forgiveness is always in the present tense. Drawing upon her own painful experiences, she knows that no-one can say with any degree of certainty what she will feel in the future and she refers to a number of episodes which brought back memories and shattered her resolve to forgive. She therefore believes that the command to forgive is a command to renew our decision to forgive day-by-day.

The journey towards healing through forgiveness is not a journey which may be taken alone. Personal encounters and written narratives were essential for the author and she emphasises time and again the importance of getting personal stories of forgiveness “out there” into the public realm. She was even prepared to take this a stage further by becoming a staunch advocate for those on Death Row and strongly opposing the death penalty in the United States.

Jesus’ command to forgive is not only mirrored in the earliest pre-Christian traditions, it is central to the Gospel-driven life. Ms Bosco writes with gusto of Jesus *running wild with our repentance* and with those good things which emerge when we are prepared to acknowledge the need to forgive ourselves and others. Forgiveness frees the forgiven and saves the life of the one who forgives.

Going for Gold

Stuart Weir of Verite Sport considers some of the Christian Olympians:

The Olympics: some athletes to look out for....

August is the month of the London Games. August 1-12 sees the completion of the Olympic Games which started in July. The Paralympics run from 29 August through the first week in September. It is thoughtful of the organizers to give you those 17 days off, to recover from the Olympics and prepare for the Paralympics.

Edna Kiplagat is the World Marathon won in Korea last year. medals in the London two years – third in 2011 She will be among the Olympic title.

Kids' wisdom: In the Olympic Games, Greeks ran races, jumped, hurled the biscuits and threw the java.

reigning Women's champion, a title she She was also in the Marathon for the past and second in 2012. favourites in for the

The strength of Kenyan blowing. At the 2011

running is mind World Championships,

Kenya took the first three places in the women's marathon, the first four places in the 10,000 metres and the first two places in the 5,000. Not to be left out, Kenyan men came first and second in their marathon. In the 2012 London Marathon (women), Kenya achieved another 1-2-3.

Edna is clear about the source of her talent: "I am a Christian and I believe everything is possible when I trust in the Lord. I pray for him to give me strength, to give me hope, to give me faith that everything I do I depend on God. I pray for everything, not just running. I teach my kids to pray always and to rely on God. I pray for good health, I pray for peace, for strength and for everything good in life".

The Women's Marathon is on Sunday 5th August around the streets of central London and it is free to watch.

Going for Gold

Michael Sharkey will be in the GB team in the Paralympic Goalball competition. Goalball is a unique paralympic sport for the visually impaired.

Michael has been playing goalball at international level since 2002. He is excited about the possibility of playing in a home Paralympics: "I remember the moment the announcement was made. I punched the air and shouted out in sheer joy while everyone else wondered what on earth I was doing!"

Michael has a strong faith in Jesus Christ, "I grew up in a Christian family and God is a very big part of my life". He sees sport as part of God's plan for his life: "I believe that what I am doing in my sport is what God made me to do. He has given me this talent and I want to invest in it, confident that it is bringing glory to him."



British goalball team members Michael Sharkey, Simon Goodall, Niall Graham and David Knott advertise the opening of Paralympics ticket sales. Photograph: LOCOG/Handout/PA



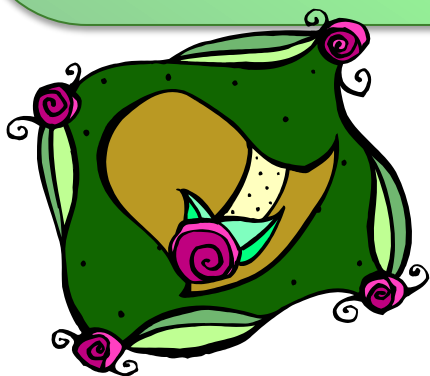
Following the success of the Garvock Gallop held 2 years ago there will be a rerun this year. Once again the venue will be 30 and 32 Garvock Hill.

The time is: Saturday 28th July at 2.30pm.
Garden Games (weather permitting) and tea will be served.

Tickets will be available in church on Thursdays and Sundays through out July; co-ordinated by Gill Wardell. Adults £5, Children £2

All proceeds will go towards Church Funds.

As always "HATS To Be Worn"





Love Life this Summer.....

Why you should go to the beach this summer

Walking on the beach cheers you up - even more so than taking a ramble in the countryside. It seems that while all outdoor locations are good for positive feelings of enjoyment and calmness, a visit to the coast is the most beneficial, and a walk in an urban park is the least beneficial. So says The European Centre for Environment and Human Health, noting that even an hour long ramble can increase the brain's performance by a fifth, boosting memory and concentration levels.

Pets or Partners?

A recent survey by Travel Supermarket found that 13 per cent of us would choose our pet over our partner for holiday company, and 10 per cent of us would prefer our pet to our children! (I'm, saying nothing!)

If you have ever taken your pet on holiday, including this summer, and have an interesting story to tell, let the editor know!



Home alone – and sad

Living alone can double the risk of someone getting depression. Yet one in three people in the UK live alone. A recent study in Finland found that when people live on their own, they are 80 per cent more likely to be taking drugs at some point during the next seven years, than those living with others.

And sadly, Britain is ranked as one of the loneliest places in Europe in which to grow old. According to another study, the annual European Social Survey, elderly people in Britain feel more isolated, have fewer opportunities to socialise, and are more likely to be caught in poverty than in many other countries.

So perhaps if you find this summer that you have some unexpected free time, you may think about spending it with someone you know enjoys your company and would welcome a visit.

Letters & Notes

A VERY BIG BIRTHDAY

Belated birthday wishes to Bill Martin who celebrated his 95th birthday on 8th June. Bill is a former Server at the 8.00am Eucharist. He was head of Physical Education at Dunfermline High School for the whole of his teaching career and was a pilot in the RAF (Bomber Command) during the Second World War. Bill is now a resident of Cameron Lodge.

HELP!

We need someone to collate all the various rotas of those who undertake various duties in our church such as welcoming the congregation in the porch, servers, readers, intercessors and so on. As a result of all the separate rotas, some members find they are doing up to three separate duties on a Sunday - we need to avoid this. Yvonne who produces our Pew sheet is also helping with this. If you can help or would like further information please see either Father Ross or Fay Cuthbertson.

EMERALD WEDDING ANNIVERSARY

Soon, Ron and Sheila Hawkins will celebrate 55 years of a very happy marriage. Congratulations to both - they have been faithful servants and supporters of Holy Trinity Church for many years.

CHRISTIAN MARRIAGE

Wendy Cunningham and Michael Duthie were joined in Christian Marriage in Holy Trinity Church on Friday 15th June.

We send them our love and prayers for a long and happy marriage.

DIAMOND WEDDING

Congratulations to Enid and Jim Patterson who celebrate their Diamond Wedding Anniversary on 19th July (60 years married). Until Enid's recent illness, both she and Jim were regulars at the Sung Eucharist every Sunday. We send them our love and prayers and hope that Enid will enjoy better health in the very near future.

Fr Ross also needs someone with IT skills to produce Orders of Service Booklets for the special Feasts and Celebrations such as Christmas and Easter. Please speak to him for further information.

Readings for July & August

July 1 st Proper 8	Wisdom 1:13-15, 2:23-24	2 Corinthians 8:7-15	Mark 5:21-43
July 8 th Proper 9	Ezekiel 2:1-5	2 Corinthians 12:2-10	Mark 6:1-13
July 15 th Proper 10	Amos 7:7-15	Ephesians 1:3-14	Mark 6:14-29
July 22 nd Proper 11	Jeremiah 23:1-6	Ephesians 2:11-22	Mark 6:30-34, 53-56
July 29 th Proper 12	2 Kings 4:42-44	Ephesians 3:14-21	John 6:1-21
August 5 th Proper 13	Exodus 16:2-4, 9-15	Ephesians 4:1-16	John 6:24-35
August 12 th Proper 14	1 Kings 19:4-8	Ephesians 4:25-5.2	John 6:35,41-51
August 19 th Proper 15	Proverbs 9:1-6	Ephesians 5:15-20	John 6:51-58
August 26 th Proper 16	Joshua 24:1-2a, 14-18	Ephesians 6:10-20	John 6:56-69
September 2 nd Proper 17	Deuteronomy 4:1-2,6-9	James 1:17-27	Mark 7:1-8, 14-15, 21-23

Well Lord God, here I am,
believing in you,
trusting in Jesus,
knowing that you sent your Spirit
to connect us.
But sometimes the signal seems weak,
As though I've wandered out of range.

Lord, I want to grow closer,
to hear your voice
and know your guidance
in the nitty-gritty
of the life you have given me.
I know it's been said before, Lord,
but please, teach me to pray.

By Daphne Kitching

All Praying Together is a united weekend of prayer and fasting by individuals and churches of all denominations as part of HOPE – the national mission movement. It links with the cascade of prayer taking place throughout the Olympic Games and culminating in the Global Day of Prayer, on Saturday 29 September, when thousands of Christians will be praying all together at Wembley Stadium. Visit www.hopetogether.org.uk for resources on prayer and fasting.

Transfiguration

On the cloudy mountain
they spoke about his departure:
light shone from him
as he bridged two rivers,
slid eternity into time,
just for a moment

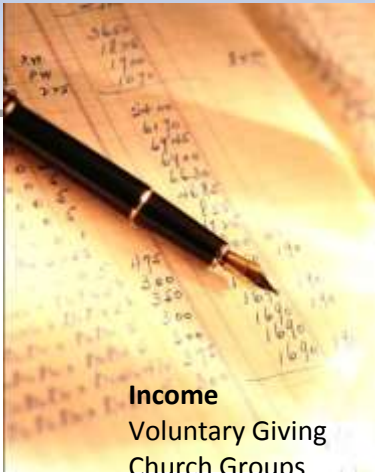
and we amazingly could hardly stay awake;
our eyes were heavy, unseeing –
almost preferring sleep to glory

until a shout disturbed the magic,
piercing the fragile
shekinah sheet,
dissolving the picture
and striking us all dumb,

quite dumb – but then
a stiller, smaller voice
came from the cloud:
we woke and listened then

by Tim Lenton





Treasurer's Report

The financial position at the end of May was:

Income

Voluntary Giving
Church Groups
Hall Usage
Tax Recovered
Investments
St. Margaret's

£

23,813
4,535
990
8,351
1,103
2,400

Expenditure

Clergy
Property
Operational
Diocesan Quota
Administration

£

28,782
7,614
9,493
5,291
418

41,193

51,598

The Rector's Fund for the needy of the parish stands at £500.

Take, Lord, and receive all my freedom, my memory, my intelligence and my will – all that I have and possess. You, Lord, have given those things to me. I now give them back to you, Lord. All belongs to you. Dispose of these gifts according to your will. I ask only for your love and your grace, for they are enough for me.

*A prayer of Ignatius of Loyola (1491 – 1556)
founder of the Society of Jesus.*



Who's Who at HOLY TRINITY

Secretary	Fay Cuthbertson	726243
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Elaine Cromwell	721663
	Malcolm Gosling	851605
	John Kennedy	-
	Jenny Stooke	-
	Pam Pryde	739039
	Jack Wardell	722948
People's Warden	Ken Spink	735732
Rector's Warden	Helen Welsh	415901
Musical Director	Roger Weatherhogg	(work) 01592 583473
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Sheona Wedge	720278
Youth Fellowship	Ross Stirling	-
	Raymond Young	-
Dorcas Group	Sheila Hawkins	725955
	Isobel Thomson	624322
Mother's Union	Caroline Laurie	616244
Wives Group	Muriel McKenzie	727115
	Yvonne Gosling	851605
Women's Guild	Catherine Duncan	432832
HT 50/50 Club	John Kennedy	511981
	Pam Pride	739039
	Doreen Esnol	621054
Prayer Group	George Philp	725860
	Margaret Dineley	624377
	Doreen Esnol	621054
Traidcraft	Linda Sherwood	416558
Sunday Coffee	Doreen Esnol	621054
	Fay Spink	735732
Hall Booking	Ken Spink	735732



Next Copy Deadline 21st August

(magazines in church 2nd September)

Please send any articles or notices to Elaine,
preferably by email:

ecromwell@thomsoncooper.com

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If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you.

Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.