Holy Trinity Dunfermline



Registered Charity No. SCO15181

March 2012 Magazine

Holy Trinity Church, Dunfermline with St Margaret's, Rosyth

Diocese of St Andrews, Dunkeld & Dunblane

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Honorary Rev'd Ross Kennedy **Priest** 12 Calaisburn Place

Dunfermline KY11 4RD

01383 625887

Wardens Rector's Warden Helen Welsh

People's Warden Ken Spink

Services Sunday Eucharist 8am & 11am

Young Church 11am

Thursday Eucharist 10.15am



The name of this month comes from ancient Rome - Martius after the Roman god, Mars. March was viewed as the start of the new

administrative year in Roman times, heralding the resumption of military campaigns. Most often identified as the Roman god of war, Mars was originally an agricultural god but his nature is seen to change as the Roman civilisation developed. This contrast is also apparent in the old saying about the March weather – if March comes in like a lion, it will go out like a lamb; comes in like a lamb, will go out like a lion!

In our church, March, being within Lent, is a month of continuing prayer and reflection. A time when many of us contrast how we live our lives today, with that of the example of Jesus. A time when we renew our faith and prepare for the action we are called to, in the good news of the death and resurrection of Christ.

In this issue....

- Pebbles on the shore
- Faith in Action
- Holy Week Services
- Notes from Vestry
- Lay Rep Report
- Readings and Rotas for March
- ❖ Young Church News

And so in March's magazine, I hope you find material for reflection and contrast and perhaps even some articles that might inspire you to action in response to God's personal call to you.

Elaine

Pebbles on the shore

This month, as we journey through Lent, Valerie shares with us a thoughtprovoking reflection based on a poem by American poet, William Arthur Ward:



Fasting and Feasting

Lent can be more than a time of fasting. It can also be a joyous season of feasting. Lent is a time to fast from certain things and to feast on others. It is a season where we can:

Fast from judging others and feast on Christ dwelling in them.

Fast from emphasis on differences and feast on the unity of all life.

Fast from apparent darkness and feast on the reality of light.

Fast from thoughts of illness and feast on the healing power of God.

Fast from words that pollute and feast on phrases that purify.

Fast from discontent and feast on gratitude.

Fast from anger and feast on patience.

Fast on pessimism and feast on optimism.

Fast from worry and feast on divine order by trusting in God.

Fast from complaining and feast on appreciation.

Fast from negatives and feast on affirmatives.

Fast from unrelenting pressures and feast on unceasing prayer.

Fast from hostility and feast on non-resistance.

Fast from bitterness and feast on forgiveness.

Fast from self-concern and feast on compassion for others.

Fast from personal anxiety and feast of eternal truth.

Fast from discouragements and feast on hope.

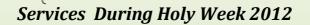
Fast from facts that depress and feast on what uplifts.

Fast from lethargy and feast on enthusiasm.

Fast from thoughts that weaken and feast on promises that inspire.

Fast from shadows of sorrow and fest on the sunlight of serenity.

Fast from idle gossip and feast on purposeful silence.



1 April (Palm Sunday):

8.00 am: Eucharist;

11.00 am: Sung Eucharist with Liturgy of Palms and Liturgy of the Passion

2 April:

7.00 pm: Eucharist with reflection

3 April:

7.00 pm: Eucharist with reflection

4 April:

7.00 pm: Eucharist with reflection

5 April (Maundy Thursday):

7.30 pm at St Margaret's, Rosyth: Liturgy of the Last Supper

6 April (Good Friday):

2.00 pm: Veneration of the Cross

7 April (Holy Saturday):

8.30 pm: Easter Vigil with New Fire and first communion of Easter

8 April (Easter Day):

8.00 am: Eucharist (1662 English Office);11.00 am: Festal Sung Eucharist;2.30 pm: Eucharist for Senior members

Young Church continue to use the Scripture Union Resource, "Roots". The current magazine contains a useful Lent calendar which calls us to live lives of prayer and action. Below are the ideas for the remaining 4 weeks of Lent.

Week 3, 11th March

READ: John 2.13-22

PRAY: Create a holy place

Lord Jesus, help me to make this place holy, to chase out greed and temptation, to follow your example and to show your love and respect to all. Amen

GO: to any place that you feel close to God. This might be outside, in a church or in a place in your own imagination.

ACT: Think of the many places in the world spoiled by lack of respect. How can you help the work of people trying to take care of God's creation? Act locally to help protect God's creation.

Week 5, 25th March

READ: John 12.20-33
PRAY: Help me to grow

Lord, help me to follow you more closely and to grow in your love. Give me the courage to hold onto your message and not the things which get in the way. Amen.

GO: to an outside space that might be a bit overgrown or messy. Create a place to sit.

ACT: Fast from something this week that has perhaps too much importance in your life. It could be food or money or television.

Week 4, 18th March

READ: John 3.14-21

PRAY: Let your light shine

Lord, you came into the world to bring light for all. Thank you for your loving light and help me to live my life by it. Amen

GO: to a space in your school or workplace where people gather. Think about the good that can happen through doing what God wants.

ACT: Write out the words of John 3.16 on slips of paper and leave these around the place for others to find.

Week 6, 1st April

READ: Mark 11.1-11
PRAY: Welcome the Lord

Lord, thank you for being in our world in such a humble form, as one of us. May we welcome you with the same wonder and joy as the crowds in Jerusalem. Amen.

GO: to the edge of an excited crowd, perhaps a football match or a busy place in school or at work.

ACT: Go out of your way to bless those who you come into contact with, especially those who some people think are less important. Speak to the lonely person at school or work or do something to show someone they are welcome.

Young Church News

The traditional 'Good Friday Happening' will take place in the church hall on Friday 6th April starting at 10.00am. The theme this year is Transformation and New Life and the activities will include crafts, stories, reflections and interaction with live animals!

If you would like to go, please let a Young Church leader know so we can have an idea of numbers. The event will end around 12pm with a picnic lunch, if weather permits, in the public park or otherwise, in the church hall. Please bring a packed lunch for your child/grandchild as well as yourself.

This is a genuine account from a member of our Young Church, shortly after Shrove Tuesday, at the start of Lent:

Dad: "So what is | ent?"

Child: "It's about when Jesus went camping for forty days and forty nights in the wilderness and the bad vampire kept trying to get Him to drink juice and eat fat and stuff."

Mmmmm, sort of....

Produced by the Church in Society Committee of the Scottish Episcopal Church, the Methodist Church in Scotland and the Church & Society Committee of the United Reformed Church Synod of Scotland (EMU), FAITH in ACTION is a monthly prayer and action guide available to download from the SEC website. The March edition focusses upon the plight of Asylum Seekers. The guide contains some background information to reflect upon as well as some prayer suggestions, a couple of which are reproduced below. You can download the guide from the following link:

http://www.scotland.anglican.org/media/highlights/faith_in_action_prayer_mar_12.pdf



Almighty God, through your Son, Jesus Christ we are called to serve the marginalised and vulnerable within our society.

Give us Your gift of Grace that we might share in the plight of all asylum seekers and refugees and open our hearts to them, that Your love may be known: through Christ our Lord. AMEN

We remember that the Holy Family fled to find a place of safety.

We pray for all families who find themselves taking enormous risks in order to secure a safer future for their children.

Guide their decision making and their actions. May they find for themselves the safety and security that St Joseph was able to find for his family.

We ask this in Jesus' name. AMEN

Last year, Holy Trinity, together with the other town centre churches, were invited to make Easter displays in the Kingsgate Shopping Centre on Maundy Thursday and Good Friday. Our display contained images of new life and cards with words about the meaning of Easter from our congregation here and at St. Margaret's, Rosyth. We have been asked to take part this year again and will be inviting you to participate in creating this year's display. The idea is to have as many of us as possible taking part so we are all reflected in the display. Intrigued? Look for the activity table in the church hall after the 11.00 am services on 18th, 25th March and 1st April.

"Every child is an artist. The problem is how to remain an artist once he grows up." ~Pablo Picasso

We are looking for Volunteers during Holy Week to open the church and be present for an hour or two to allow people to come in and experience "interactive" Stations of the Cross. There isn't anything too onerous to do as there are cards for visitors to use which explain the various Stations. It could be a good opportunity for you to spend quiet, reflective time in church, in the approach to Good Friday and Easter.

Please speak to Tim, Valerie or Elaine if you would like to help.



WIVES GROUP

Our programme of events resumes in April after a pause for the winter months.

We resume on Monday 2nd April with the evening service to celebrate the beginning of Holy Week.

All are welcome to come along to any or all of our events and partake of a nice cup of tea or coffee afterwards.

The confirmation classes come to an end on Monday 12th March and around 10 of our congregation will renew their baptism vows and affirm their faith on Sunday 18th March. Bishop David will preside at the service. Please keep all those being confirmed, as well as the church as a whole, in your prayers at this time of reflection and renewal.

Make a Mother's Day 2012

This Mothering Sunday, as you remember your mother, Mothers' Union are asking you do something a little different. Instead of flowers or a box of chocolates why not buy her an ethical gift that will help another mother? A range of gifts are available on the Mothers' Union website or from the catalogue on the MU notice board in the church hall.

http://www.makeamothersday.org/mothering-sunday-gifts.php



2012 Bishop's Lent Appeal - Fikelela Aids Project

Fikelela means "reach out" and is the name of the HIV /AIDS outreach programme of the Anglican Church in Cape Town, South Africa. Fikelela was founded in 2000 with the vision to provide an active Christian response to the HIV/AIDS pandemic in South Africa.

www.fikelela.org.za







HT Heroes Lunch

Tickets are available now from Tim, Valerie or Elaine for the Celebration Lunch on Saturday 17th March in the church hall at 12.30pm – everyone welcome

Prayers from the new rite of Affirmation of Baptism:

This is our task; to live and work for the kingdom of God.

As the seed grows secretly in the earth,
As the yeast rises in the dough,
May the power of God be at work in us.
Like a city on a hill,
Like a lamp in the darkness,
May we witness to the glory of the kingdom.

From Your Vestry

Extract from the Minutes of Vestry meeting held on 4th January and agreed at the Meeting held on 24th January 2012

The Rector commenced the Meeting by welcoming the new members who were elected or appointed at the AGM.

They are Helen Welsh Rector's Warden; Linda Brownlie Lay Representative; and two new members of Vestry Jack Wardell and John Kennedy each elected to serve for a period of three years.

The Treasurer explained the benefits of the use of 'Smart water'. This is a metal theft deterrent and attracts an insurance premium reduction Treasurer was given authority to pursue this scheme with a budget of up to £500.

Vestry also agreed the purchase of a digital piano that could be used in either church or hall.

The quotation for organ repairs was left for consideration at a future meeting.

The lighting in the hall has been upgraded as the fittings are no longer efficient. Ken has contacted specialists to seek advice on improving the lighting in church.

Derek Morrison had resigned from his post as PVG Co-ordinator. He was thanked for all his work and commitment to the post. Fay Cuthbertson will cover this post until the end of January when it is hoped a new Co-ordinator will have been identified.

Due to the amount of business on the Agenda it was agreed to hold a further meeting on 24th January 2012. An extract of the Minutes of that meeting will be produced when the Minutes have been agreed at the meeting on 13th March 2012.

If you wish to have items placed on the Agenda they should be with the Secretary in writing and with a brief explanation by 4th March 2012 to give time for an Agenda to be compiled.

Fay Cuthbertson secretary@holytrinitychurch.org.uk

From Your Lay Representative

At the last Area Council meeting, Val Nellist gave a talk about her recent trip entitled "Travelling in Earnest – reflections on a visit to New Zealand via the Far East". Unfortunately I was unable to attend the meeting but having already spoken to both Val and Bob about their journey, I know it must have been very interesting.

The next meeting is to be held at St Peters, Kirkcaldy, on Thursday 8th March at 7.30pm at which the Rev'd Dom Ind will be present. The main part of this meeting will be devoted to discussion around papers relating to Diocesan Synod which is on Saturday 10th March at Perth Cathedral. Both Area Council and Synod are open to congregation members but obviously at the latter in a non-voting capacity.

Linda Brownlie – Lay Representative



BOOK GROUP

We met on 10th February at Frances's home to share our views on 'The Shape of Water' by Andrea Camilleri, as recommended by Polly. It was a lively discussion - not everyone liked the book but we all liked the main character, Inspector Salvo Montalbano. This is the first of a series of detective novels set in Sicily, with quite a complicated plot (at least I thought so, not everyone had the same trouble!) bringing in lots of local colour. Health warning: lots of strong language. Apparently it's to be televised soon so we are looking forward to finding out if we still like Montalbano 'in the flesh'.

Next month's meeting is on 16th March at Linda's home: the book is 'Cold Comfort Farm' by Stella Gibbons. All welcome.

CONTRIBUTIONS TO THE CHURCH

I would like to thank all those who have made financial contributions to our Church over the past twelve months. The Vestry is grateful for your support in managing the business of the Church.

The monthly envelopes, for those who use envelopes for their donations, will be available at the end of the month. If anyone else would like a pack of these envelopes, please let me know.

It is important that you review your contribution each year as costs of running the church escalate.

I would like to remind those who have made Gift Aid Declarations that they should use envelopes, bank standing order, or cheques so that the contributions can be recorded and collated. This enables a tax claim form to be compiled and sent to H.M. Revenue and Customs.

If you are a taxpayer and have not made a Gift Aid declaration the beginning of a new financial year is a good time to sign up. It is very simple. The only requirement is that the tax that can be reclaimed by the Church must not exceed the amount of tax you pay. Your contributions need not be a fixed amount. You can vary the amount according to your circumstances. Each year you will be sent details of your total contributions so that if you receive a tax form you can declare the details of your Gift Aid contributions.

If anyone would like to know more about Gift Aid or about other ways of contributing to the Church, please speak to the Treasurer, Peter Hutchings, or to me.

Please contact us if you have any questions or comments.

Peter Hand

Letters and Notes

ARE YOU BEING HEARD?
(A plea from the hard of hearing.)

I'm getting increasingly deaf. For some time I was in denial in spite of my family nagging me to get my hearing checked. An examination at the Queen Margaret Hospital resulted in me being fitted with a hearing aid. It is not perfect but it does help.

I know that I am not the only one with hearing difficulties at Holy Trinity - quite a few in the congregation have the same disability. It can be very frustrating as you find yourself missing out on quite a bit of life. Unfortunately that can also be true when we are in church.

The reading of the Scriptures and the leading of the intercessions are very important parts of our Liturgy by which we are fed spiritually but sadly, there are times when we cannot make out what is being said from the lectern and occasionally even from the pulpit.

Can I therefore make a plea to all readers/ intercessors - your ministry is an important one. So do bear in mind those in the congregation with impaired hearing. Please try to speak slowly and clearly, ensuring that you are projecting your voice directly into the microphone provided. Believe me it will make such a difference to fair number of the congregation - including me!

Thanks for 'listening'.

Ross Kennedy

Readings for March					
4 th March Lent 2	Genesis 17:1-7, 15-16	Romans 4:13-25	Mark 8:31-38		
11 th March Lent 3	Exodus 20:1-17	1 Corinthians 1:18-25	John 2:13-22		
18 th March Lent 4	Numbers 21:4- 9	Ephesians 2:1- 10	John 3:14-21		
25 th March Lent 5	Jeremiah 31:31-34	Hebrews 5:5-10	John 12:20-33		

SAM at 90

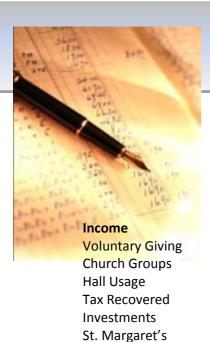
Happy birthday to Sam Horlick who celebrates his 90th on 22 March!

Sam is a regular at the 11.00am Sung Eucharist. He served throughout the last war in the Royal Navy and was aboard one of the ships of the convoy sent for the relief of Malta. His ship was one of the few that made it; most of the others having been sunk by enemy action.

Sam, a widower, gives of his time as a Samaritan, is also something of an artist and enjoys holidaying every year in Malta. We send him our very best wishes.

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Treasurer's Report

The financial position at the end of January was:

£	Expenditure	£
11,738	Clergy	13,847
2,581	Property	5,913
325	Operational	4,029
8,351	Diocesan Quota	2,739
650		
1,200		
24,846		26,528
	•	

Retiring Collections:

18th March - Mothers Union

29th April - Bishop's Lent Appeal

Please give generously



Rotas for March 2012				
11 th Mar	8am	Phil Smithard	Server	
	11am	Barbara Hand	Intercessions	
		Ellen Fearnley	Server	
		Mr & Mrs P Crabb	Collection	
		Mr & Mrs R Hawkins	Bread & Wine	
		Isobel Thomson	Chalices	
18 th Mar	8am	Phil Smithard	Server	
	11am	TBC (Mothering Sunday &	Intercessions	
		Confirmations)		
		Sabine Forsyth	Server	
		Derek Morrison & Jenny Stooke	Collection	
		Adrienne Lyon & Kath Lindsel	Bread & Wine	
		Ron Hawkins & Fay Cuthbertson	Chalices	
25 th Mar	8am	Phil Smithard	Server	
	11am	Derek Morrison	Intercessions	
		Rod Key	Server	
		Mr & Mrs K Spink	Collection	
		Mr & Mrs G Philp	Bread & Wine	
		Muriel McKenzie & Isobel Thomson	Chalices	
1 st Apr	8am	Phil Smithard	Server	
	11am	Dorissia Forsyth	Intercessions	
		Ellen Fearnley	Server	
		Doreen Esnol & Frances Jack	Collection	
_	_	Pam Pryde & Helen Welsh	Bread & Wine	
		Ron Hawkins & Fay Cuthbertson	Chalices	
8 th Apr	8am	Rod Key	Server	
Easter	11am	Linda Brownlie	Intercessions	
Sunday		Sabine Forsyth	Server	
		Polly St. Aubyn & Eve Gilchrist	Collection	
		Mr & Mrs J Waterfield	Bread & Wine	
_		Muriel McKenzie & Isobel Thomson	Chalices	

Who's Who at HOLY TRINITY					
Secretary	Fay Cuthbertson	726243			
Treasurer	Peter Hutchings Linda Brownlie	728534			
Lay Rep		701000			
Vestry:	Elaine Cromwell Malcolm Gosling	721663 851605			
	John Kennedy	001000			
	Jenny Stooke	-			
	Pam Pryde	739039			
	Jack Wardell	-			
People's Warden	Ken Spink	735732			
Rector's Warden	Helen Welsh	415901			
Musical Director	Roger Weatherhogg	(work) 01592 583473			
Servers	Phil Smithard	722416			
Sacristan	Frances Jack	721683			
Flowers Cleaner	Gill Wardell Brenda Waterfield	722948 734309			
Young Church	Sheona Wedge	720278			
Youth Fellowship	Ross Stirling Raymond Young	-			
Dorcas Group	Sheila Hawkins	725955			
Dorodo Group	Isobel Thomson	624322			
Mother's Union	Caroline Laurie	616244			
	Muriel McKenzie	727115			
Wives Group	Yvonne Gosling	851605			
	Catherine Duncan	432832			
Women's Guild	John Kennedy	511981			
HT 50/50 Club	Pam Pride Doreen Esnol	739039 621054			
	George Philp	725860			
Traidcraft	Linda Sherwood	416558			
Sunday Coffee	Doreen Esnol	621054			
	Fay Spink	735732			
Hall Booking	Ken Spink	735732			



Next Copy Deadline 25th March 2012

Please send any articles or notices to Elaine, preferably by email:

ecromwell@thomsoncooper.com

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If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to Peter Hand or a member of Vestry who will help you.

Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.