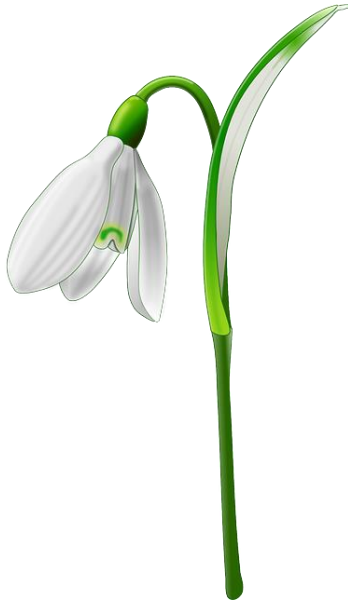


Holy Trinity Dunfermline



February 2016 Magazine

Registered Charity No. SC015181

**Holy Trinity Church, Dunfermline with
St Margaret's, Rosyth**
Diocese of St Andrews, Dunkeld & Dunblane

Bishop	The Rt Rev'd David Chillingworth 28a Balhousie Street Perth PH1 5HJ 01738 643000		
Rector	Revd Alison Cozens 17 Ardeer Place Dunfermline 01383 732654 rector@holylrinitychurch.org.uk		
Honorary Priest	Revd Ross Kennedy 12 Calaisburn Place Dunfermline KY11 4RD 01383 625887		
Vestry Secretary	<i>vacancy</i>		
People's Warden	Linda Sherwood		01383 416558
Rector's Warden	Elaine Cromwell		01383 721663
Services	Sunday	Eucharist	8am (first Sunday of month only)
		Sung Eucharist	11am
		Young Church	11am
	Thursday	Eucharist	10.15am

The views and opinions expressed in this magazine are those of the authors of the articles and do not necessarily reflect the official policy or position of the Vestry (Trustees of the Charity) or of the Scottish Episcopal Church

Editor's blog

This month we begin Lent, a time of spiritual reflection and self-discipline. The obvious question arises why we need to have a special time for this – surely we should be striving for these things each and every day of our lives?

The problem is that spiritual reflection and self-discipline are really difficult. When life is hectic, other priorities shout louder. We get used to material pleasures and comforts that help us in the moment, but can actually hinder our spiritual growth. We become lazy and reliant on quick solutions, which often turn out not to be solutions at all.

This is especially true for me following the rush of Christmas and New Year. If I were in charge of the world, hibernation would be compulsory for the whole month of January. Unfortunately I'm not! Instead I have to keep going through the dark and busy days. Exhaustion sets in, and spiritual reflection and self-discipline become a distant memory.

So Lent comes at a very opportune moment. It helps us to refocus and reprioritise. By giving something up, we follow Jesus into the desert. We encounter temptation, as he did. Each time we resist, we gain strength. Each time we give in, we acknowledge this and pray for the strength not to do so again. Either way, we draw closer to God.

Without Lent, it would be all too easy to slip into bad habits that go unnoticed and unchallenged. During Lent we remember what it is we have been called to do. We turn back to God.

Lent also helps us to appreciate the joy of Easter. This is because the Good News only really has an impact when we have stopped relying on material pleasures and comforts to help us make sense of life.

Of course this in no way means that we shouldn't enjoy the pleasures and comforts we are blessed with! The point, I suppose, is to choose something that has gained an unhealthy power or control over your life – and to give it up. And to realise that you can live without it. And to trust that God is with you every step of the way.

Caroline Mitchell

Monthly round-up

50/50 Club winners

Next draw: 14th February

			No.	£
13 Dec	1st	Ron Hawkins	48	100.00
	2nd	Lesley Fleming	77	77.00
	3rd	Sheila Hawkins	18	38.00
		Donation to Holy Trinity		215.00
10 Jan	1st	Winnie Miller	47	100.00
	2nd	Wendy Stephen	38	78.00
	3rd	George & Agnes Philp	12	39.50
		Donation to Holy Trinity		217.50

SCOUTPOST

The Scouts of Dunfermline and West Fife thank the congregation of Holy Trinity Church for supporting the SCOUTPOST effort once again. This year the cards from the church contributed **£147.05** towards an increased total of **£7741.** This money gives young people a greater opportunity for exciting and adventurous programmes. Both the 39th and 2nd Fife Groups have been able to mount expeditions to foreign shores in recent years and there are plans for similar trips again this year. Your support has shown us continued encouragement and so your efforts are gratefully received and appreciated by the Scouting Movement here in Fife.

Phil Smithard

Arthur Slack's 90th birthday celebrations



Arthur Slack celebrated his 90th birthday on Wednesday 22nd January 2016 and Jennifer organised a party in the Church Hall to follow the Thursday 10.15am service. Over 40 people attended and enjoyed the splendid birthday catering provided.



Arthur, in his usual and entertaining way, gave us a brief summary of his 90 years, starting from his time on the classic grocer's delivery bike. One day he followed a fire engine to a fire and this sparked an interest that eventually led to a career in the Fire Service. That day, as he looked on at the fire, a man from a local sawmill approached him to enquire what he was doing. The man seemed impressed by the boy Arthur and asked him if he could lift a couple of planks of wood. Demonstrating he could with ease, he was instantly offered a job at £2 a week, 4 times his delivery boy wages.

National Service took him into the Fleet Air Arm which gave him a taste for fire protection and made his step into the Fire Service after demob a natural progression. On retirement at 55 he worked in Social Services, which often involved driving a bus to take the elderly on shopping trips. These Arthur sometimes extended into mini tours!

Of course we all know Arthur at Holy Trinity for his endless support and hard work, not least for his ladder climbing for roof and lighting maintenance. Congratulations Arthur from all at Holy Trinity.

Jack Wardell





Burns' Supper

The Burns Supper held in the church hall on Friday 22nd January was a sell-out once again and raised £360 for church funds. Gill Wardell was head chef and caterer ably assisted by the Wives Group and other members of the congregation. Alison opened the evening with a welcome and grace. The in-house entertainment was headlined by Brian Smith, who delivered an excellent Immortal Memory. Iain Forbes provided a tongue-in-cheek toast to the lassies and Caroline Mitchell put all the men in their place with her reply. Andrew Wedge addressed the haggis, which was delivered by Poosie Nancy, a.k.a. Frances Jack.



The entertainment continued with some excellent singing and recitations: Moira Reekie led a stirring rendition of *Rantin' Rovin' Robin*; Jack Wardell recited Holy Willie's Prayer; Jack, Brendan and Peter sang *Willie brewed a peck o' malt*; Sarah Cromwell recited her award-winning Ode to a Brussels Sprout. The evening closed with a few songs by the company, led by Roger Weatherhogg, a thank-you from Alison and the traditional Auld Lang Syne.

A good evening was enjoyed by all!

Jack Wardell

Well done Jack for organising a wonderful evening and for your own excellent contributions. *Ed*



From our Rector

Sermon for Candlemas

On the second of February we celebrate the Feast of the presentation of Christ in the Temple, otherwise known as Candlemas.

The child Jesus is met by the old man, Simeon. He has been watching and praying for the consolation, the salvation of Israel.

Many Greek Orthodox icons portray this wonderful moment; the meeting of the eyes of the old man and the young child.

Sometimes it seems to me that God uses the very old and the very young among us to teach us something new, something we had not been expecting.

Simeon had been waiting for the consolation of Israel, not for a king to overthrow the Roman rule, but for a special kind of Messiah.

I know many of you find the loss of mobility frustrating and you can begin to wonder what value you have in the life of the church. Let Anna and Simeon be an example for you.

Sometimes in old age prayer can take on a special meaning and ministry. There is an ability to see what is really happening around you and to lift it to God in prayer.

And sometimes the children in our midst can give us the promise we have been waiting for, of a new beginning in the life of our church or community or family.

On Wednesday last week it was Holocaust Memorial Day.

I heard an interview on the radio with a woman who had been born in Auschwitz concentration camp just three days before the camp was liberated. It was a miracle that she had survived. She weighed just three pounds when she was born.

She spoke as a living reminder of the evil human beings can do to one another and yet, out of great darkness, how a light can still shine.



In this, the middle of winter, roughly half way between Christmas and Easter, we are reminded of our need for light and of Jesus Christ the Light of the World. Even as a babe in the Temple, he opens up new meaning and understanding to those who meet him.

At Candlemas we have candles because traditionally on the second of February all new candles were brought to the church to be blessed.

Candlemas is also associated with the first signs of spring, which we can see in the snowdrops growing in our gardens.

Listen to this short poem Mary Kidd has given me:

Small angel flower
Winging your way from cold earth
To heaven's pure light

Your silent singing
In tune with seraphic choirs
In Love's own presence

Leads hearts to worship
We, too, bow our heads
And ask
For this quiet grace.



I wonder if you can think of ways in which you might be a light in this world, a light reflecting Christ's glory and pointing to the Father through the power of the Spirit?

And I wonder if there are signs of spring, of new life, that you can see or hear in the midst of this cold stormy winter? What signs of hope can you identify and share with those who are feeling low or unloved?

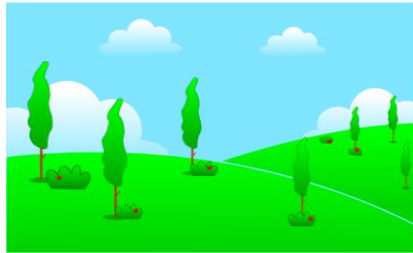
On the Feast of the Presentation of Christ in the Temple, the old man Simeon and the prophetess Anna see in the child Jesus the redemption of the world. May we too have eyes to see and ears to hear the good things that God is doing among us!

Alison Cozens

Young Church

Dunfermline Youth Fellowship (YF) Programme Spring to Easter 2016

- 7th Feb Great Fife Bake-Off
- 14th Feb Ladies and Tramps Cinema
- 21st Feb Just Keep Swimming (1300h meet at the hall)
- 27th Feb Glenbombing – Science, Star Wars and God!
With plenty of food! St Peters Lutton Place,
Edinburgh, EH8 9PE (1730h start)
- 6th Mar Kirkcaldy Ice Ice baby! (TBC)
- 13th Mar This is an Art Attack
- 20th Mar There is no me in Team...
- 15th - 17th April Weekend Away: Over the Hills & Far Away**



**YF is for young adults halfway from halfway through P7 onward.
Open to all young adults who wish to attend. We meet in the
church hall from 1815h – 1945h (unless otherwise stated).
Cost: £2 per person per night**

If you need more information please contact Andrew Wedge on:
wedge-pars@hotmail.com / 07846 187354

Up and Coming

Holy Week and Easter services 2016

Holy Trinity Dunfermline

Palm Sunday (20th March) – 11am service with dramatic Gospel reading

Monday 21st March – 7.30pm: Holy Communion for the Wives' Group

Tuesday 22nd March – 7.30pm: Taizé service

Wednesday 23rd March – 7.30pm: Stations of the Cross

Maundy Thursday (24th March) – 10.15am: Stripping of the Altar

Good Friday (25th March) – 11am-1pm: Young Church

2pm: Good Friday service

Holy Saturday (26th March) – 9am: Morning Prayer

7.30pm: Vigil of readings & lighting Easter fire

Easter Sunday (27th March) – 8am: SPB Holy Communion

11am: Sung Eucharist

St Margaret's Rosyth

Palm Sunday (20th March) – 9.30am service

Wednesday 23rd March – 2.30pm: Wednesday Fellowship Holy Communion

Maundy Thursday (24th March) – 7.30pm: Holy Communion

Good Friday (25th March) – 12pm: Good Friday service

Easter Sunday (27th March) – 11am: Ecumenical Easter Communion



Other local services

Wednesday 23rd March – 7.30pm: Ecumenical Stations of the Cross at Rosyth Roman Catholic Church

Maundy Thursday (24th March) – 10.30am: Chrism Mass with the Bishop at the Cathedral, Perth

Easter Sunday (27th March) – Sunrise service at Dunfermline Abbey (TBC)

Wives Group

All are welcome to come to any or all of these events and partake of a nice cup of tea or coffee afterwards.

TUESDAY 9TH FEBRUARY - PANCAKE PARTY

To be held in the church hall from 7.00 pm to 9.00 pm.

There will be a Raffle and delicious home-made pancakes to enjoy. Bring your own bottle if you prefer an alcoholic drink. This is always a very enjoyable evening and you can get your tickets before they sell out from Pam, Linda, Doreen, Isobel or Yvonne.



Monday 22nd February – Peter Cozens, the husband of our own Rev. Alison, will speak to us about his time at Leicester Cathedral and the re-internment of Richard III. This is going to be a fascinating talk, starting at 7.30pm in the church hall.

Please come along and experience the warmth and friendliness of our small group. We have lots of events planned for the rest of the year which we are sure you would enjoy. No commitment necessary, just come to any of our get-togethers that you fancy. Partners/chauffeurs welcome to join us.

Yvonne Gosling, Secretary

WORLD DAY OF PRAYER

Friday 4th March

'Receive children, receive me'
Written by Christian women of Cuba

**A warm welcome awaits you at your local
services in Dunfermline:**

North Parish Church – 2.15pm

West Baptist Church – 7.15pm

Saturday 5th March

St Ninian's Parish Church

Craft – 2.00pm

Children's Service – 3.00pm



**This month's retiring
collection on 28th February
will be in aid of the
Bishop's Lent Appeal 2016,
which is supporting
projects run by the
Diocese of Calcutta. These
projects help many people
trapped in deep poverty.**



St Margaret's One World Group

CONCERT in aid of REFUGEES

**Fergus Hetherington (violin)
with the University of St Andrews String Ensemble**

**Sunday 14th February 2016 at 7pm
St Margaret's RC Church, Dunfermline
Admission: donation**



**Next Copy Deadline
21st February 2016**

Please send articles and photos to Caroline at
carolinesking@hotmail.com

Saint of the Month

St Blaise, 3rd February

St Blaise was one of the martyrs of the early church, and what we know of him is very much based on legend rather than hard, solid fact. He is a very appropriate saint for this time of year, when so many folk are suffering from sore throats and hacking coughs, as prayers to God in his name are said to be effective for curing infections of the throat.

As far as we know, he was born in Sebastia in Armenia, now in Turkey, where he was a famed physician and healer. He led a pious and holy life and became the Bishop of Sebastia after being acclaimed as such by the inhabitants of the town. He attracted people to Christianity, not so much through preaching and teaching, but by his example of what a Christian should be.

Although the Romans had removed the prescription against Christianity in 310AD, in the more remote regions of the empire Christians were still being persecuted. Sebastia was one of these areas. Saint Blaise therefore left the town and lived as a hermit in a cave in

the wilds. Here his flock came to him for both physical and spiritual healing. Legend has it that even the wolves and other wild animals came to be with him. It could not last, however, and in 316AD a new governor Agricola arrived to rule over Cappadocia and Armenia with a specific order from the emperor Licinius to put down Christianity.

Agricola sent a hunting party to bring St Blaise in. When the hunters found him in his cave they were surprised to find so many wild animals with him. Nevertheless they apprehended him and marched him to the town. On the way, legend has it that the party first encountered a mother who was distraught because her only child was choking on a bone and was nigh dead. The saint blessed the child, who immediately recovered. Next they encountered a poor woman whose pig had been seized by a wolf. At the command of the saint the wolf gave up its prey.

Agricola asked Blaise if he would give up his faith and worship the

Roman gods. When he refused he was beaten and locked in a cell. Agricola had him hung up and tortured by lacerating his body with wool combs. Blaise still refused to worship the Roman gods and Agricola had him beheaded. It is said that while he was imprisoned the pig woman brought him fine wax candles to light his cell.

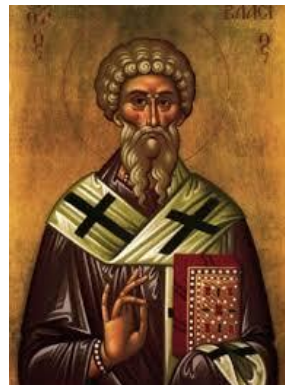
Because of the incident with the child and the bone, Christians began to invoke the prayers of the saint to cure infections of the throat. This led to a ritual on St Blaise's Day whereby two crossed candles, having been blessed at Candlemas the previous day, were held against the throat of each person in turn while the Priest made the sign of the cross over them saying, "May Almighty God at the intercession of St Blaise, Bishop and Martyr, preserve you from infections of the throat and all other afflictions". This Blessing is still given in some Roman Catholic churches. Perhaps if we really had faith and it worked we should reintroduce it to save the NHS a fortune in antibiotics.

The cult of St Blaise was widespread in the medieval church and

churches were dedicated to him throughout Europe. In particular he is venerated in the town of Dubrovnik in Croatia, where his head and some of his bones are held in reliquaries in St Stephen's Cathedral. Legend has it that the saint had appeared in a vision and alerted the town to an impending attack by the Venetians.

In medieval England, St Blaise was adopted as the patron saint of the wool trade, the most important sphere of economic activity at the time, because of his torture by wool comb. The village St Blazey is named after him.

So it might well be worthwhile, just when you feel that soreness coming at the back of your throat, to spend a minute or two seeking the help of St Blaise.



DUTY ROTA FOR NOVEMBER

DATE	WELCOME	BREAD & WINE	COLLECTION	SERVERS	READERS	INTER.
7 Feb	Eve Gilchrist Janice Mohr	Peter & Jean Crabb	Frances Jack Eve Gilchrist	Rebecca Cromwell Rod Key Pam Lynn	Eve Gilchrist Dorissia Forsyth	Brendan Grimley
14 Feb	Tony Clapham Helen Dalgity	Eileen Donaldson Doreen Esnol	Malcom & Yvonne Gosling	Rod Key Linda Brownlie Andy Nicholl	Tony Clapham Doreen Esnol	Yvonne Gosling
21 Feb	Malcolm & Yvonne Gosling	John & Brenda Waterfield	Iain & Caroline Mitchell	Tony Clapham Andrew Wedge Isobel Thomson	Yvonne Gosling Muriel McKenzie	Elaine Cromwell
28 Feb	Pam Lynn Andy Nicholl	Pam Lynn Wendy Stephen	Helen Dalgity Dorothy Nicholl	Sarah Cromwell Eve Gilchrist Muriel McKenzie	Andy Nicholl Pamela Grimley	Tony Clapham
6 Mar	Tony Clapham Jack Wardell	Sheila Hawkins Barbara Key	Monica Terry & Ivy Stewart	Andrew Wedge Brendan Grimley Rod Key	Tony Clapham Gill Wardell	Adrienne Lyon

Readings for February

7 Feb	Exodus 34: 29-35	2 Corinthians 3:12 – 4:2	Luke 9: 28-36
14 Feb	Deuteronomy 26: 1-11	Romans 10: 8-13	Luke 4: 1-13
21 Feb	Genesis 15: 1-12, 17-18	Philippians 3:17 – 4:1	Luke 13: 31-35
28 Feb	Isaiah 55: 1-9	1 Corinthians 10: 1-13	Luke 13: 1-9
6 Mar	Joshua 5: 9-12	2 Corinthians 5: 16-21	Luke 15: 1-3, 11-32

Who's Who at HOLY TRINITY

Secretary	<i>vacany</i>	
Treasurer	Peter Hutchings	728534
Lay Rep	Linda Brownlie	-
Vestry:	Pam Lynn	881874
	Andrew Wedge	07846 187354
	Jack Wardell	722948
	Brendan Grimley	-
PVG Co-ordinator	Andrew Morris	07743 750796
	Andy Nicholl	-
	Tony Clapham	-
Musical Director	Roger Weatherhogg	07787 420537
Servers	Phil Smithard	722416
Sacristan	Frances Jack	721683
Flowers	Gill Wardell	722948
Cleaner	Brenda Waterfield	734309
Young Church	Elaine Cromwell	721663
Youth Fellowship	Andrew Wedge	07846 187354
Dorcas Group	Sheila Hawkins	725955
Mothers' Union	Isobel Thomson	624322
Wives Group	Pam Grimley	851473
	Yvonne Gosling	851605
Women's Guild	Winnie Miller	725157
HT 50/50 Club	James Geldart	734997
	Linda Sherwood	416558
	Doreen Esnol	621054
	John Kennedy	740910
Sunday Coffee	Doreen Esnol	621054
	Helen Dalgity	726350
Hall Booking	Linda Sherwood	416558

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If you are a Tax Payer making donations to the church and you are not already registered for Gift Aid, please speak to **Rod Key** or a member of Vestry who will help you. Alternatively simply fill in one of the yellow gift aid envelopes that are available in the vestibule and on the pews.